

# FY17 Progress Report for 2016-2018 Community Health Needs Assessment/Implementation Strategy

Please highlight progress made between 10/1/16 - 9/30/17 for strategies and actions taken to address the priority areas your organization selected as part of the FY2016 Community Health Needs Assessment (CHNA) process. The strategies that your organization recorded in the 3-year Implementation Strategy section of your FY2016-2018 CHNA report are listed below. In addition, you are encouraged to include progress made for any additional strategies you implemented.

MaineHealth Affiliate Organization: **Mid Coast-Parkview Health**

Date: **October 1, 2016- September 30, 2017**

2016 CHNA Priority Selected	2016 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
<b>Decrease Obesity</b>	<b>Continue and track <i>Let's Go!</i></b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Lets Go! implemented in schools, after school and child care sites primary care offices.
	<b>Implement evidence-based practices for Diabetes Prevention/Diabetes Prevention Program</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	CDC Diabetes Prevention Program piloted with staff and in primary care office. New staff trained. Serving on local YMCA DPP Advisory Board
	<b>Continue to implement Healthy Weight for a Lifetime and Lifestyle Choices</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Implemented and continuing. Looking to remodel Lifestyle Choices program with goal of reducing cost and increasing attendance. Challenged due to reimbursement issues
	<b>Educate staff in motivational interviewing</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Prevention Staff trained. Hospital staff trained in tobacco basic skills. Primary care staff to be trained in 2018. One Primary Care Medical office trained for MI. Moving toward educating entire Primary Care staff with first focus on obesity education and lifestyle change
	<b>Convene workgroup to identify community level best practices</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Meetings held every other month, 20 member steering committee. Community obesity prevention partners update every meeting. Best practices supported include food security strategies, with gleaning initiatives being very successful; annual summer trail challenge; community bike rodeos; SNAP Education; YMCA class partnerships; and support of local land trusts and trail groups.
	<b>Other: Enter text here</b>	Click here to enter details. <div style="text-align: right; background-color: #800000; color: white; padding: 5px; display: inline-block;">Double-Click to Add Additional Action Below</div>

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<b>Decrease RX Drug Use &amp; Addiction</b>	<b>Convene workgroup to review CDC guidelines for prescribing opioids for pain</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input type="radio"/> Yes <input checked="" type="radio"/> No	Completed
	<b>Adopt prescribing guidelines</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input type="radio"/> Yes <input checked="" type="radio"/> No	Completed
	<b>Increase access to treatment/IMAT</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	More primary care providers are trained to provide MAT. Wait times at ARC have decreased and we have access in both locations within 3 days. In 2018 – increased access for adolescents is being explored. We now are doing suboxone induction in our ER and inpatient.
	<b>Partners w/ community task force to address opioid crisis</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Meets monthly. Attend Maine Health Opioid Steering Committee.
	<b>Other: Enter text here</b>	Click here to enter details. <div style="text-align: right; margin-top: 10px;"> <span style="background-color: #2e7d82; color: white; padding: 2px 5px; border: 1px solid #2e7d82;">Double-Click to Add Additional Action Below</span> </div>
<b>Mental Health Integration</b>	<b>Implement Mental Health First Aid Program</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	2018 is year 3 of 3 year YMHFA grant. Trainings are held every 6 weeks, and are increasing in participation. New community initiatives supporting and promoting training include a very successful youth mental health/suicide prevention coalition and school workshops
<b>Mental Health Integration</b>		

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	<b>Connect children, adults &amp; families mental health services w/ community partners</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Best Start program continues to facilitate systematic referral from OB and maternity to Maine Families, Early Head Start and Healthy Generations.
	<b>Increase number of primary care offices w/integrated mental health</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Now located in MCMG primary care (4 locations), pediatrics, neurology and women's health.
	<b>Convene workgroup</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Community and several professional work groups meet regularly
	<b>Other: Enter text here</b>	Click here to enter details.  <div style="text-align: right; border: 1px solid black; padding: 2px; display: inline-block;">Double-Click to Add Additional Action Below</div>
Decrease Tobacco Use	<b>Increase tobacco screening and referrals to tobacco cessation</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Staff training in Basic Skills completed in 2017, advanced skill training scheduled for 2018. 3 staff will be fully trained by May, with 3 more scheduled to take Basics.
	<b>Increase lung cancer screening services in primary care</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Lung Cancer Screening being evaluated by Pulmonary Medical group. Numbers had been lower than anticipated
	<b>Reduce smoking among high school students</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Hold tobacco prevention services grant. All tobacco use indicators decreased and are now at state levels (2017 MIYHS). Successes include training of WIC and MaineFamily staff and youth peer training (SideKicks)

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	<b>Reduce secondhand smoke exposure among youth</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	Several policies passed in youth serving organizations and towns
	<b>Other: Enter text here</b>	Click here to enter details.  <div style="text-align: right; border: 1px solid black; padding: 2px;">Double-Click to Add Additional Action Below</div>
<b>Early Childhood Development</b>	<b>Expand Best Start program</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	In 3 <sup>rd</sup> year of 3 year grant to systematize referrals to home visiting (Maine Families, Early Headstart and Healthy Generations) from all patients receiving treatment in OB and maternity
	<b>Continue Diaper Project</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	This project is in it's 3 <sup>rd</sup> year and continues, with 10's of thousands of diapers made available to families in need
	<b>Increase promotion of Vroom app- free "brain building" activities</b> Action Implemented? <input checked="" type="radio"/> Yes <input type="radio"/> No Continuing in FY18? <input checked="" type="radio"/> Yes <input type="radio"/> No	This resource has been promoted by the United Way and through the Brunswick Library. It is available at all APP stores.
	<b>Other: Enter text here</b>	Click here to enter details.  <div style="text-align: right; border: 1px solid black; padding: 2px;">Double-Click to Add Additional Action Below</div>