

Patient Instructions:

Preparing the Skin Before Surgery - SAGE®

Cleaning the skin before surgery can reduce the number of germs on the skin and help prevent infections from surgery. To help you get your skin extra clean, you will be given a packet of Sage wipes. You will use the wipes the night before surgery. A second application will be performed after you have arrived at the hospital the morning of your surgery.

Directions: Open the package by cutting off the end seal using clean scissors. Remove the cloths and place on a clean surface.

The night before surgery:

- Shower or bathe at least **one hour before using Sage cloths**. Avoid shaving legs 2 days before the surgery, since the Sage wipes may irritate shaved skin.
- Your skin should be completely dry and cool.
- Do not allow this product to get into your eyes, ears, mouth or vagina.

Prep the circled area(s) only

- Use Sage cloths to wipe the circled body part. Vigorously wipe each area in a back and forth motion.

Be sure to wipe completely, including all skin folds. Allow area to air dry for 1 minute.

- It is normal for the skin to have a temporary “tacky” feeling for several minutes after wipe is applied.

Do not rinse or put on any lotions, moisturizers or makeup after using the Sage cloths.

The morning of surgery:

- **DO NOT shower; you may take a sponge bath, avoiding surgical area.**
- **Dress in loose fitting clean clothes.**

For questions please call your surgeons office.

OR-123 (6/18)

