

Special Instructions

Occult Blood, Feces, IA

Collection and Mailing Instructions for the Fecal Occult Blood Test

Please be sure the patient reads these instructions carefully before taking the stool (fecal) sample.

It is important that all steps are followed: If the sample is not collected as described below, the test result may be affected. If the patient has blood in their stool (rectal bleeding) right now, please have them wait until the bleeding has stopped to collect the sample.

There is no need to change or restrict diet or medications to do this test.

1. Please have patient print their Name, Date of Birth, and Ordering Physician on the removable label. Write date of sample (collection date) on the requisition form printed clearly. The label must be peeled off and placed over the OC-Auto label on the sample bottle. The label must not be placed over the green cap.
2. When the patient is ready to collect the sample, the large collection tissue paper must be unfolded. (At this point, the small absorption pad that is included in the return envelope is not to be used. This is to be used to mail the sample.)
3. The collection tissue paper is to be placed inside the toilet bowl on top of the water.
4. As the patient produces a stool sample they must be sure it falls on top of the tissue paper.
5. The sample bottle is to be opened gently by twisting and lifting the green cap straight out. The sample probe with a grooved tip is attached to the green cap. The sample bottle contains a liquid preservative that is needed to process the sample and is not to be thrown away.
6. The surface of the stool is to be scraped with the grooved tip of the sample probe. The grooved tip is to be covered completely with stool.
7. The sample probe with the stool on it is to be gently inserted directly into the sample bottle. The green cap is to be pushed in until the patient hears it click into place. The sample bottle must not be reopened. If there is any stool sample on the outside of the bottle please be sure the patient wipes it off before mailing the bottle to us.
8. The toilet can then be flushed. (Collection tissue paper will not harm septic systems.)
9. The patient will then place the sample bottle and the small absorption pad inside the plastic biohazard bag. The plastic bag must be securely zipped. The plastic bag is then to be inserted into the return envelope. The completed patient requisition form can then be folded and inserted into the return envelope. The return envelope can then be sealed.

10. The envelope must be mailed within 3 days of the sample collection. No postage is required.

If the patient has any questions or needs help using the test kit, they may call NorDx Laboratory Client Support at (207) 885-7830.