

MaineHealth

MaineHealth Member Organizations:

Franklin Community Health Network
LincolnHealth
MaineHealth Care At Home
Maine Behavioral Healthcare Memorial Hospital
Maine Medical Center
NorDx
Pen Bay Medical Center
Southern Maine Health Care
Synernet
Waldo County General Hospital
Western Maine Health

Part of the MaineHealth Family:

MaineHealth Accountable Care Organization

MaineHealth Affiliates:

MaineGeneral Health
Mid Coast-Parkview Health
New England Rehabilitation Hospital of Portland
St. Mary's Health System

Testimony of Corinn Martineau, PharmD, BCACP, CDOE

Clinical Pharmacy Specialist - Primary Care

Maine Medical Center

February 14, 2019

In Support of LD 267

“An Act to Amend the Laws Governing the Practice of Pharmacy”

Senator Sanborn, Representative Tepler and distinguished members of the Joint Standing Committee on Health Coverage, Insurance and Financial Services, I am Corinn Martineau and I am the Clinical Pharmacy Specialist in Primary Care at Maine Medical Center. I am here to testify on behalf of MaineHealth in strong support of LD 267, “An Act to Amend the Laws Governing the Practice of Pharmacy.”

I wanted to start by sharing a bit about myself and my journey to pharmacy. I graduated with my Doctor of Pharmacy degree in 2014. I quickly realized my passion for advanced pharmacy practice and was eager to pursue my training to the fullest. To further advance my clinical practice, I chose to complete two years of postgraduate residency training. I completed my first year at the University of Rhode Island’s College of Pharmacy, and then moved to Maine to complete my second year of postgraduate training specializing in Ambulatory Care Pharmacy at Maine Medical Center. Similar to other healthcare professionals, I pursued board certification and am now a Board Certified Ambulatory Care Pharmacist.

My training led me to my dream career as the integrated pharmacist within an academic family medicine center where I currently practice. Simply put, I am the pharmacist that works at your primary care doctor’s office. I wanted to share my clinical knowledge with other pharmacists and physicians, so I also sought out roles within higher education. Over the past few years, I have been appointed Clinical Assistant Professor within the Department of Family Medicine at Tufts University’s School of Medicine, as well as Adjunct Clinical Assistant Professor of Pharmacy Practice at the University of Rhode Island’s College of Pharmacy. My love for teaching has brought me to lead the post-graduate pharmacy residency training program that I graduated from at Maine Medical Center. Here with me today I have my first advanced pharmacy resident under my directorship, Ruthie Manzi.

I provide you with these details of my 11-year journey to display that, the practice of pharmacy is my passion. To help you understand my role as a provider within the health system at Maine Medical Center, I would like to tell you about my day last Wednesday. I began my morning with a Diabetes Group Medical Visit during which I work hand-in-hand with a physician to co-manage the most complicated and challenging patients with diabetes within our practice who aren't reaching their therapy goals through conventional office visits. After that, I head back to my office to respond to clinical consult questions. These questions fill the spectrum- from proper dosing of a new medication for a patient with chronic kidney disease to a non-English speaking patient on over 25 different medications who is having trouble managing their medications and taking their medications on a daily basis. Later in the afternoon, I see my own patients for one-on-one office visits. These patients, who have been referred to me by their physician, are Mainers with complicated histories and a laundry list of medicines who are simply too complicated for even the best doctors to address all of their medical needs in a 15-minute visit. After seeing six patients, each for 30-minute office visits, I end my day with preparing for my clinic session the following morning, during which I will see patients in another group medical visit, called Hospital to Home, where patients come for timely follow-up after hospital discharge. We have seen in these visits that a thorough review of their medications has led to decreased hospital readmission rates. This is a brief look at a day in my life as a pharmacist providing care to our most vulnerable patients of Southern Maine.

At MaineHealth, ambulatory care pharmacists are integrated members of the health care team and now practice in multiple locations including Portland, Falmouth, Scarborough, Westbrook, Damariscotta, Boothbay, Wiscasset, Waldoboro, Rockland, and Biddeford. These pharmacists provide direct patient care services in a variety of settings including primary care, oncology, anticoagulation, virology, cystic fibrosis, neurology, transplantation, and others. In all of these settings, pharmacists are managing complex medical conditions, contributing to the improvement of patient outcomes, improving Mainers' access to care, and providing targeted education to improve medication understanding and adherence. Up to 80% of chronic diseases require targeted medication therapy and pharmacists are a highly educated and highly trained member

of the care team who can offer a unique perspective focused on providing quality care.

In closing, recognizing pharmacists as “providers” of healthcare services is an important and clear step to define the provision of pharmacy services and will pave the way for new opportunities for our future pharmacists. LD 267 is our opportunity in Maine to recognize myself and other pharmacists throughout our state for the job we do every single day as providers of care as integrated, vital members of the healthcare team. With this, I ask the committee to vote Ought to Pass on LD 267. Thank you for your time and for the opportunity to speak with you today and I look forward to responding to any questions that you may have.