

How to Take Your Medicines

Taking your medicines the way your doctor or nurse told you is important. Heart failure medicines help your heart pump better and can help you feel better and live longer.



Take your medicines

- Take each of your medicines, every day, at the right times
- Do not skip doses of your medicines, even when you feel good
- Don't stop taking your medicines. If you think you are having side effects from your medicines, talk to your doctor right away.
- If you are having trouble paying for your medicine, talk to your doctor. To speak with others who can help you, call:
 - MedAccess 1-877-275-1787
 - Consumers for Affordable Healthcare 1-800-965-7476

Patients who take their medicines as the doctor said *live longer, feel better* and *spend less time in the hospital*.