

# ACUTE & CHRONIC LOWER EXTREMITY ISCHEMIA REFERRAL GUIDELINE

For more information or referral questions, contact your local vascular practice. For a complete listing, visit [mainehealth.org/services/cardiovascular/service-locations](http://mainehealth.org/services/cardiovascular/service-locations)

## HIGH RISK

### SUGGESTED EMERGENT CONSULTATION

#### SYMPTOMS AND LABS

Signs of Acute Limb Ischemia (ALI)

- Severe pain
- Cold/cool leg or foot
- Pale/mottled appearance
- Numbness
- Decreased motor function

#### SUGGESTED PREVISIT WORKUP

Doppler exam

Ask provider about Heparin

Emergent transfer to ED

## MODERATE RISK

### SUGGESTED CONSULTATION OR CO-MANAGEMENT

#### SYMPTOMS AND LABS

Signs of Critical Limb Ischemia (CLI)

- Non-healing wound on foot
- Dependent rubor (red foot while hanging down)
- Pain in foot at rest and/or with elevation

#### SUGGESTED WORKUP

ABI, if available

Office visit within one week

## LOW RISK

### SUGGESTED ROUTINE CARE

#### SYMPTOMS AND LABS

Signs of Claudication

- Pain in calf or thigh with ambulation

#### SUGGESTED MANAGEMENT

ABI, if available

Office visit (routine)