

**Resource List of RD/RDNs
2018**

Location	Company/Practice Name	Name of RD/RDN	Address	City	State	Zip	Phone	Email	Website	PCP Referrals	Comments
MAINE											
Auburn	Integrated Optimal Health	Marie Veselsky, MS, RD, LD, CDE, BC-ADM	871 Court Street	Auburn	ME	04210	207-402-3804	mveselsky@roadrunner.com		Preferred	Diabetes Educator
Belfast	Waldo County Diabetes and Nutrition Clinic	Allison Sherman, MS, RDN, LD	731 Commercial Ave	Rockport	ME	04856	207-338-9358	ASherman@wcgh.org		Not required	
Biddeford	Southern Maine Healthcare	Chelsea Ferk, MS, RD, LD	1 Medical Center Dr	Biddeford	ME	04005	207-283-7986	Ccferk@smhc.org		Yes	Fax 207-283-7398
Biddeford	Savor Food Life & Health	Jenna Madore, MS, RD	40 Main St Ste 13-208	Biddeford	ME	04005	207-450-3773	jenna.Madore@gmail.com	www.savorflh.com	Yes	
Boothbay Harbor	LincolnHealth St. Andrews Campus	Elisabeth Cardali, RD, LD	6 St. Andrews Ln	Boothbay Harbor	ME	04538	207-563-4559	Elisabeth.Cardali@lchcare.org		Yes	
Brunswick	Everyday Nutrition Associates, LLC	Anita Huey, MS, RD, LD, CDE	35 Union Street	Brunswick	ME	04011	207-504-6439	info@nutritionforeveryday.com	www.nutritionforeveryday.com	Not required	Diabetes Prevention Prog.
Damariscotta	LincolnHealth, Miles Campus	Ann Boe, RD, LD	35 Miles Street	Damariscotta	ME	04543	207-563-4559	ann.boe@lchcare.org		Yes	
Damariscotta	LincolnHealth, Miles Campus	Elisabeth Cardali, RD, LD	35 Miles Street	Damariscotta	ME	04543	207-563-4559	Elisabeth.Cardali@lchcare.org		Yes	
Falmouth	DPD Nutrition Consultants, Inc.	Amy Baker Joyce, MS, RD, LD, CNSC	361 US Route One	Falmouth	ME	04105	207-781-4922	dpd@myfairpoint.net		Not required	
Falmouth	DPD Nutrition Consultants, Inc.	Michelle Huntley, RD, LD, CDE	361 US Route One	Falmouth	ME	04105	207-781-4922	michelle.huntleyrd@gmail.com		Not required	
Falmouth	DPD Nutrition Consultants, Inc.	Kay Mullin, RD, LD, CDE	361 US Route One	Falmouth	ME	04105	207-781-4922	dpd@myfairpoint.net		Not required	
Falmouth	DPD Nutrition Consultants, Inc.	Debbie Pepper-Dougherty, RDN, LD	361 US Route One	Falmouth	ME	04105	207-781-4922	dpepperd@mac.com	www.dpepperd.com	Not required	Fax 207-781-4925
Farmington	Franklin Memorial Hospital	Katie Drouin, RD, LD	111 Franklin Health Commons	Farmington	ME	04938	207-779-2656	kdrouin@fchn.org		Not required	
Kennebunk	ME Health Care at Home	Deborah K. Dumoulin, RD, LD, CDE, RN	2 Storer Street	Kennebunk	ME	04043	207-284-4566	ddumoulin@MHCAH.org		Not required	
No. Yarmouth	Nourish Me Well	Dee Madore, MS, RD, LD	2 Colawicki Dr	No. Yarmouth	ME	04097	207-400-7371	dmadore@yahoo.com			
Norway	Western Maine Health	Pat Watson, MS, RD, LD, CDE	181 Main Street	Norway	ME	04268	207-744-6059	watsonp@wmhcc.org		Not required	
Portland	Everyday Nutrition Associates, LLC	Anita Huey, MS, RD, LD, CDE	10 Alton Street	Portland	ME	04103	207-504-6439	info@nutritionforeveryday.com		Not required	Diabetes Prevention Prog.
Portland	Nutrition Works LLC	Patsy Catos, MS, RD, LD	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Judy Donnelly, RD, LD	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Susan Gay, RD, LD	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Katherine Karbel, MS, RD, LD, CNSC	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Janet Steady, MS, RDN, LD	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Joan Lavery-McLaughlin, RDN, CSO, LD	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Kim Norbert, MS, RD, LD, CDE	805 Stevens Avenue	Portland	ME	04103	207-772-6279	n/a	www.nutritionworks.us	Not required	
Portland	Nutrition Works LLC	Susan Quimby, RD, LD	805 Stevens Avenue	Portland	ME	04103	207-772-6279	quimby.nutritionworks@gmail.com	www.nutritionworks.us	Not required	
Portland	MMC - Weight & Wellness Program	Erin Miller, RD LD	12 Andover Rd	Portland	ME	04102	207-661-6064	EMiller@mmc.org		Not required	
Portland	MMC - Weight & Wellness Program	Leslie Roehrig MPH, RD, LDN	12 Andover Rd	Portland	ME	04102	207-661-6064	Lroehrig@mmc.org		Not required	
Portland	MMC - Weight & Wellness Program	Megan Swift, RD	12 Andover Rd	Portland	ME	04102	207-661-6064	Mswift@mmc.org		Not required	
Portland	MMC - Weight & Wellness Program	Melissa Page, MS, RD, LD	12 Andover Rd	Portland	ME	04102	207-661-6064	MPage@mmc.org		Not required	
Rockport	PenBay Healthcare	Bridget Amundsen, RD, LD	731 Commercial Ave	Rockport	ME	04856	207-921-3999	bamundsen@pbmc.org		Not required	Fax 207-921-3990
Rockport	PenBay Healthcare	Marcy Kyle, RDN, LD, CDE	731 Commercial Ave	Rockport	ME	04856	207-921-3999	mkyle@pbmc.org		Not required	Fax 207-921-3990
Rockport	PenBay Healthcare	Eileen Molloy MS, RDN, LD, CDE	731 Commercial Ave	Rockport	ME	04856	207-921-3999	emolloy@pbmc.org		Not required	Fax 207-921-3990
Saco	ME Health Care at Home	Deborah K. Dumoulin, RD, LD, CDE, RN	15 Industrial Park Rd	Saco	ME	04072	207-284-4566	ddumoulin@MHCAH.org		Not required	
Scarborough	MMC Cancer Institute	Karen D. Schilling, MS, RD, CSO	100 Campus Dr, STE 101	Scarborough	ME	04103	207-396-8524	schilk@mmc.org		Not required	Cancer survivors accepted
Scarborough	MMP Endocrinology & Diabetes Center	Julie Barnes, RD, CDE	175 US Route 1	Scarborough	ME	04074	207-396-7700	jbarnes@mmc.org		Yes	Fax 207-396-7676; Diabetes only
Scarborough	MMP Endocrinology & Diabetes Center	Kristen Grimes, MS, RD, LD	175 US Route 1	Scarborough	ME	04074	207-396-7700	KGrimes@mmc.org		Yes	Fax 207-396-7676; Diabetes only
Scarborough	MMP Endocrinology & Diabetes Center	Anne LaPierre, MS, RD, LD	175 US Route 1	Scarborough	ME	04074	207-396-7700	alapierre@mmc.org		Yes	Fax 207-396-7676; Diabetes only
NEW HAMPSHIRE											
Conway	Integrated Optimal Health	Marie Veselsky, MS, RD, LD, CDE, BC-ADM	30 Pleasant Street	Conway	NH	03818	1-888-444-1204 603-770-4856	mveselsky@roadrunner.com		Preferred	Diabetes Educator
North Conway	Memorial Hospital & Diabetes Center	Brenda McKay, RD, LD, CDE	3073 White Mountain Hwy	North Conway	NH	03860	603-356-0796, x3329	bmckay@memorialhospitalnh.org		Not required	
North Conway	Memorial Hospital	Alicia Mudgett, MS, RDN, LD	3073 White Mountain Hwy	North Conway	NH	03860	603-356-5461, x2131	amudgett@memorialhospitalnh.org		Not required	
North Conway	Memorial Hospital	Marcia Nelson, RD, MS, LD	3073 White Mountain Hwy	North Conway	NH	03860	603-356-5461, x2131	mnelson@memorialhospitalnh.org		Not required	
OTHER	Anthem Blue Cross Blue Shield	Anthem BCBS							www.anthem.com		Click on "Find a Doctor"

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