

Maine Medical

PARTNERS

Women's Health

A department of Maine Medical Center

Guidelines for Redating Based on Ultrasound

<u>Gestational Age Range</u>	<u>Discrepancy Between Ultrasound and LMP Requiring Redating</u>
Less than 9 weeks	More than 5 days
9.0 to 15.6 weeks	More than 7 days
16.0 to 21.6 weeks	More than 10 days
22.0 to 27.6 weeks	More than 14 days
28.0 weeks or greater	More than 21 days

**Less than 14 weeks use CRL
**14.0 weeks or greater use BPD, HC, AC, FL

Suboptimal pregnancy dating:

Pregnancies without ultrasound exam that confirms or revises the estimated due date before 22 0/7 weeks should be considered suboptimally dated.

- Suboptimally dated pregnancies should undergo interval growth 4 weeks after the initial ultrasound study.
- Suboptimally dated pregnancies should undergo weekly antenatal surveillance beginning at 39-0/7 weeks barring any other complications
- Suboptimally dated pregnancies should undergo delivery at 41 weeks and 0 days barring any other complications
- Suboptimally dated pregnancies are not candidates for elective delivery

References:

1. ACOG Committee Opinion No 700: Methods for Estimating the Due Date. May 2017, Reaffirmed 2019.
2. ACOG Committee Opinion No 688: Management of Suboptimally Dated Pregnancies. March 2017, Reaffirmed 2019.