

**Maine Medical Center  
Maine Transplant Program  
Policies and Procedures  
Selection Criteria for Transplantation and Living Kidney Donation**

**Purpose**

To define the process by which the *Inclusion and Exclusion Criteria* for Kidney Transplantation and Living Kidney Donation is developed and implemented in accordance with relevant clinical practice guidelines, hospital institutional policy, and regulatory requirements.

**Policy**

It is the policy of the Maine Medical Center that formal hospital approved *Inclusion and Exclusion Criteria* will be developed and utilized in a consistent, fair, and non-discriminatory manner to select candidates and living donors who are most suitable for transplantation and kidney donation. These *Criteria* will be evidence based, and utilized uniformly in the selection of candidates and living kidney donors.

**Procedures**

1. Transplant Program medical leadership will be responsible for the development of *Inclusion and Exclusion Criteria* using knowledge of clinical research, practices, and outcomes.
2. *Inclusion and Exclusion Criteria* will clearly define all factors that are considered in determining suitability for transplantation or living donation. Groups or individuals of groups will not be excluded from consideration without clinical support for the exclusion.
3. Candidates may be listed for transplantation based on separate “listing criteria” (see Policy “Inclusion and Exclusion Criteria for Transplant Listing”). Following listing, candidates will be required to meet transplantation inclusion criteria to be considered for kidney transplant.
4. For candidates that are placed on the transplant program’s waiting list outside of the *Inclusion Criteria*, documentation will be included in the Committee note to support the exception.
5. Specific *Inclusion and Exclusion Criteria* will be formally codified in a Policy and Procedure and publicly available on the Program’s website and on the MMC Policy and Procedure.
6. *Inclusion and Exclusion Criteria* will be available upon request by referring physicians and dialysis centers.
7. The *Criteria* will be approved by the Maine Medical Center Institutional Policy Review Committee. Any changes in the *Criteria* will be also be approved by this Committee.
8. *Inclusion and Exclusion Criteria* will be reviewed by the Transplant Quality Assessment and Performance Improvement (QAPI) Committee at least every three years.

Appendix A: Inclusion and Exclusion Criteria Kidney Transplant

Appendix B: Inclusion and Exclusion Criteria Living Donor

**References**

Centers for Medicare and Medicaid Services, 2019 Organ Transplant Program Interpretive Guidelines 482.90

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