

Long-Term Care Center Provider List (York/Cumberland Counties)

Nursing Facility (NF) may also include Skilled Nursing Facilities (SNF)

- Provides 24/7 care and Nursing (RN/LPN)
- Some Emergency Medications on site
- Labs available several days/week

- Medical provider available/on call
- Can provide extensive assistance with ADL's

Facility Name	Phone	Beds	City
Barron Center	207-541-6500	219	Portland
Brentwood Center for Health & Rehabilitation	207-846-9021	78	Yarmouth
Cedars Nursing Care Center * ★	207-221-7000	102	Portland
Coastal Manor	207-846-5013	39	Yarmouth
Durgin Pines	207-439-9800	81	Kittery
Evergreen Rehabilitation & Living Center	207-282-5161	42	Saco
Falmouth by the Sea * ★	207-781-4714	65	Falmouth
Gorham House *	207-839-5757	69	Gorham
Hawthorne House	207-865-4782	81	Freeport
Horizons Living & Rehab Center	207-725-7495	65	Brunswick
Kennebunk Center for Health & Rehabilitation	207-985-7141	78	Kennebunk
Ledgewood Manor	207-892-2261	60	Windham
Maine Veterans' Home – Scarborough *	207-883-7184	120	Scarborough
Mid Coast Senior Health Center *	207-373-3600	42	Brunswick
Pine Point Center ★	207-883-2468	61	Scarborough
Pinnacle Health & Rehab North Berwick	207-676-2242	64	North Berwick
Pinnacle Health & Rehab Sanford	207-324-2273	86	Sanford
Pinnacle Health & Rehab (South Portland)	207-799-8561	73	South Portland
Piper Shores * ★	207-883-8700	40	Scarborough
River Ridge Center	207-985-3030	62	Kennebunk
The Sam L. Cohen Households *	207-221-7000	40	Portland
Seal Rock Health Care	207-283-3646	105	Saco
Seaside Rehabilitation ★	207-774-7878	147	Portland
Sedgewood Commons	207-781-5775	91	Falmouth
Southridge Rehabilitation & Living Center *	207-282-4138	62	Biddeford
Springbrook Center ★	207-856-1230	123	Westbrook
St. Andre Health Care Facility	207-282-5171	96	Biddeford
St. Joseph's Rehabilitation & Residence ★	207-797-0600	170	Portland
Summer Commons *	207-206-1360	64	Sanford

★=MMP Geriatrics associated facility (please see notes in EPIC). On call Provider 207-741-1429

Assisted Living (ALF) may also be known as PNMI or Residential Care

- Staff assist with medications and meals. Some may provide assistance with ADL's.
- May have RN/LPN onsite during the daytime sometimes. Other staff can't take verbal orders.
- Medication either delivered or picked up from local pharmacy (there is no e-box) = if need is immediate, send back with actual medication and not just an order/prescription.
- PCP is generally office based, though some may have onsite care ~ weekly.

Call prior to discharge to confirm that the facility patient can support care needs.

Facility Name	Phone	Beds	City
Atria Kennebunk	207-200-9698	74	Kennebunk
Avita of Brunswick	207-729-6222	75	Brunswick
Avita of Stroudwater	207-857-9007	75	Westbrook
Avita of Wells	207-646-3444	75	Wells
Bacon Street	207-282-6633	10	Biddeford
Bay Square at Yarmouth ♦	207-846-0044	60	Yarmouth
Bella Point Bridgton	207-647-8821	57	Bridgton
Bella Point Freeport	207-865-4713	60	Freeport
Berwick Estates	207-384-2715	37	South Berwick
Biddeford Estates	207-283-0111	89	Biddeford
Birchwoods at Canco Assisted Living	207-560-9498	80	Portland
Bradford on the Common (Huntington Common)	207-985-2810	144	Kennebunk
The Bridge	207-553-5800	15	Portland
Cambridge Common Congregate Housing	207-839-5757	42	Gorham
Casco Inn Residential Care Facility	207-627-7199	39	Casco
Clark's Terrace at the Park Danforth ♦	207-797-7710	39	Portland
Coastal Landing, LLC	207-837-6560	82	Brunswick
Coastal Shores, Inc.	207-725-5801	40	Brunswick
Congress Street West	207-699-2465	10	Portland
Country Village Assisted Living	207-627-7111	30	Casco
Crossroads II	207-773-9931	10	Portland
Dionne Commons	207-725-4379	64	Brunswick
The Enclave of Scarborough	207-883-3889	92	Scarborough
Fallbrook Woods ♦	207-878-0788	56	Portland
Falmouth House at Oceanview	207-781-4621	47	Falmouth
Foreside Harbor ♦	207-781-8201	36	Falmouth
Freeport Place	207-865-3500	30	Freeport
Gorham House	207-839-5757	35	Gorham
High Street	207-490-4960	10	Sanford
Holbrook Assisted Living at Piper Shores ♦	207-883-8700	54	Scarborough
Huntington Common	207-985-2810	82	Kennebunk
The Inn at Atlantic Heights-RCF	207-283-3022	34	Saco
The Inn at Atlantic Heights	207-283-3022	46	Saco
Inn at Village Square	207-839-5101	37	Gorham
Iris Park Apartments	207-774-6273	30	Portland
The Landing at Cape Elizabeth	207-799-7332	60	Cape Elizabeth
The Landing at Saco Bay	207-284-0900	47	Saco

Assisted Living continued...

Ledgeview Assisted Living, LLC ◆	207-781-2408	24	Cumberland Foreside
Legacy Memory Care	207-781-4621	30	Falmouth
Lodges Care Center	207-324-4757	57	Springvale
Maine Veterans' Home – Scarborough	207-883-7184	30	Scarborough
Mainestay	207-221-8656	12	Portland
Mid Coast Senior Health Center – Thornton Hall	207-373-3646	41	Brunswick
The Mooring on Foreside	207-489-9614	13	Cumberland Foreside
Osher Inn at The Cedars ◆	207-221-7000	30	Portland
Pinewood Manor	207-934-2157	14	Ocean Park
Portland Center for Assisted Living ◆	207-772-2893	170	Portland
The Sam L. Cohen Households *	207-221-7000	20	Portland
Scarborough Terrace	207-956-5693	77	Scarborough
Sentry Hill at York Harbor	207-363-5116	54	York
Sentry Hill Congregate Housing	207-363-5116	31	York
Seventy Five State Street	207-775-7775	78	Portland
The Shaw House	207-283-1011	20	Biddeford
Southridge Rehabilitation & Living Center *	207-282-4138	46	Biddeford
Stroudwater Lodge	207-854-8333	115	Westbrook
Summer Commons *	207-206-1360	30	Sanford
Sunnybrook	207-443-9100	51	Brunswick
The Garden at Mid Coast Senior Health Center	207-373-3646	17	Brunswick
Wardwell Gardens Assisted Living	207-284-7061	34	Saco
Wardwell Home for the Aging	207-284-7061	18	Saco
Webster Commons	207-865-4782	14	Freeport
Windham Residential Facility	207-892-7141	10	Windham
Woodlands Cape Memory Care	207-553-9616	72	Cape Elizabeth

◆ = Some, but not all, patients are followed by MMP Geriatrics. See EPIC for notes.

* This location has both nursing home/SNF and assisted living. Please confirm patient's level of care/support prior to discharging from hospital.

If center is not listed above, it may be an independent living environment (IL), small assisted living, or group home. Patient could be returning to a home without assisted services. Please call center prior to discharge.

This list was created in 2021 by Claire Pierce who was interning with the Healthy Aging Department at MaineHealth.