

Setting up Holter Monitors from the ED

- No monitors - Holter, Zio Patch, Bodyguardian Cardiac (event monitors), and blood pressure monitors are put on in the hospital.
- These are all outpatient procedures done at Maine Medical Partners, Maine Health Cardiology - 96 Campus Drive in Scarborough.
- Orders for any of these cardiac monitors should be put in with a class of “clinic performed.” That will send the order directly to the Scarborough office scheduling department.

- This also holds true for discharge echocardiograms, stress-echoes, regular stress tests (MLETs) and EKGs.
- It is the preference of cardiology is to have all these tests done as outpatient testing in Scarborough. Their scheduling department will contact the patient after discharge and the set up the tests.

Tom Tipton
Cardiac Testing