

## ***GENERAL OBSERVATION***

### **CDU INCLUSION CRITERIA**

- Stable vital signs
- Need for observation, treatment, and/or consultation for a condition that cannot be managed as an outpatient
- Anticipated readiness for discharge in 24 hours or less

### **CDU EXCLUSION CRITERIA**

- Unstable vital signs
- Inability to independently ambulate
- Illness that is expected to require >24 hours stay that does not fall under another CDU protocol

### **POTENTIAL CDU INTERVENTIONS**

- Serial vital signs and re-evaluation
- Pulse oximetry, cardiac monitoring
- Interventions including fluids, electrolyte repletion, medications, or other therapies
- Pain management for an acute condition
- Specialist consultation
- Monitoring and treatment while awaiting operative, IR, or other procedure
- Physical or occupational therapy
- Patient education
- Care management consultation
- Arrangement of follow-up care

### **CDU DISPOSITION**

#### **Home**

- Stable vital signs
- Acute issue resolved to the point where it can be further managed as an outpatient
- Tolerating adequate PO
- Adequate follow-up plan established

#### **Admit**

- Symptoms not improved or worsening
- New findings that require hospitalization
- Inability to complete CDU interventions or ensure outpatient follow-up
- EM provider or consultant discretion