

ATAXIA/IMBALANCE/FALLING REFERRAL GUIDELINE

MAINE MEDICAL PARTNERS - NEUROLOGY • 92 CAMPUS DRIVE, SUITE B, SCARBOROUGH, ME • (207) 883-1414

HIGH RISK

SUGGESTED EMERGENT CONSULTATION

SYMPTOMS AND LABS

Less than 1 month of imbalance, ataxia or repeated falls or rapid progression of symptoms

EXAM:

Ataxia, muscle weakness, hyperreflexia, sensory loss, nystagmus or dysconjugate gaze

LABS/IMAGING:

Forward test results performed to date

SUGGESTED PREVISIT WORKUP

PT consultation for safety ASAP.

Send to ER if sudden onset of symptoms

MODERATE RISK

SUGGESTED CONSULTATION OR CO-MANAGEMENT

SYMPTOMS AND LABS

Greater than 1 month of imbalance, ataxia, or falling

Second opinion request

EXAM:

Ataxia, muscle weakness, sensory loss, nystagmus or dysconjugate gaze

LABS:

Forward test results performed to date

SUGGESTED WORKUP

PT consultation for safety ASAP

LOW RISK

SUGGESTED ROUTINE CARE

SYMPTOMS AND LABS

3rd or 4th opinion- Unless change in clinical status

Chronic diagnosis without recent change

EXAM:

Normal or chronic unchanged findings

SUGGESTED MANAGEMENT

PT consultation for safety

CLINICAL PEARLS

- Very often after neurologic evaluation and diagnosis the imbalance persists. Early PT evaluation and therapy for safety is of paramount importance.

Maine Medical
PARTNERS