

How to Take Your Inhaler Medicines

Dry Powder Inhaler (DPI) – Ellipta



1. Open the cover.



2. You will hear “click” when it is open all the way.



3. Breathe out. Do not blow into the inhaler.



4. Put the mouthpiece between your lips and close your lips firmly around it. Breathe in a long deep breath through your mouth.



5. Do **not** block the air vent with your fingers.



6. Hold your breath for 3 to 4 seconds if you can.



7. Breathe out slowly.



8. Close your inhaler.



9. The dose counter shows you how many doses of medicine are left in the inhaler.



10. When the dose counter turns red, you have less than 10 doses left.

- Do not open the cover until ready to use. Opening the cover will load the next dose of medicine.
- If the inhaler contains a steroid, rinse your mouth with water, gargle, and spit. **Do not swallow.**

- Do not get the inhaler wet.
- Store in a cool, dry place.

Dry powder inhalers are controller medicines. They are not to be used for quick relief.