



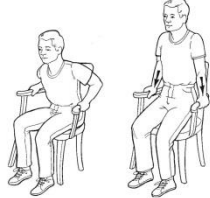




COPD Patient Hospital Care Plan

|  | On Day One | On Day Two | From Day Three to Discharge |
|---|--|--|---|
| Your Medical Team | Will monitor your: <ul style="list-style-type: none"> Breathing and lung functioning Vital signs and oxygen saturation Comfort level Smoking and vaccination history  | Will monitor your: <ul style="list-style-type: none"> Breathing Comfort level |  |
| Medication | You may need: <ul style="list-style-type: none"> IV or oral medications, such as antibiotics or steroids and nebulizers Nicotine replacement  | <ul style="list-style-type: none"> You may be transitioned to inhalers | <ul style="list-style-type: none"> Review new medications and possible side effects Pneumonia and flu vaccine if needed |
| Nutrition | <ul style="list-style-type: none"> You may eat and drink as you like unless you are on a special diet. | | |
| Activity/Rest | <ul style="list-style-type: none"> Up to Chair for all meals Walk as tolerated. Staff will assist you as needed.  | <ul style="list-style-type: none"> Avoid being around visitors and people with colds or recent infections Rehab medicine may see you to check your need for assistance with activity Walk as tolerated Up to chair for meals | |
| Testing/Treatments | Possible tests / treatments: <ul style="list-style-type: none"> Chest X-ray Blood work Oxygen if needed | <ul style="list-style-type: none"> We will work towards improving your breathing  | |
| Education | We will teach you about: <ul style="list-style-type: none"> Stopping tobacco use Airway clearance and breathing exercises Living with COPD Meal size  | We will: <ul style="list-style-type: none"> Teach you correct inhaler use Help you stop tobacco use | We will: <ul style="list-style-type: none"> Review your discharge instructions and medication list Review correct inhaler use and breathing exercises Review your COPD action plan |
| Planning for Your Discharge | <ul style="list-style-type: none"> A Care Manager will meet with you and your family to talk about leaving the hospital safely. This may include medication and equipment affordability. | <ul style="list-style-type: none"> A Care Manager will meet with you and your family to talk about your needs based on your progress. | We will: <ul style="list-style-type: none"> Help you plan for a safe discharge Schedule follow up care with your primary care provider Provide a summary of your hospital stay and medications to your primary care provider |