

**If you have questions or concerns about  
your rights, contact:**

**DISABILITY RIGHTS MAINE**

24 Stone Street, Suite 204

Augusta, Maine 04330

1.800.452.1948 or

207.626.2774 V/TTY

[advocate@drme.org](mailto:advocate@drme.org) • [www.drme.org](http://www.drme.org)

Disability Rights Maine (DRM) is Maine's protection and advocacy agency for people with disabilities.

DRM is a non-profit agency, independent of state and federal government.



**DO YOU KNOW YOUR PATIENT RIGHTS?**

Disability Rights Maine (DRM) staff members are at Spring Harbor Hospital today to answer any questions you have about your rights as a consumer of mental health services in Maine. Your questions will remain confidential.

DRM staff members are available to meet privately with you today to discuss your questions or concerns about your rights in the hospital, as well as your rights when you return to the community.

**CONTACT DRM @**

1.800.452.1948 or 207.626.2774

**There are specific rights that apply to you if you are hospitalized at Spring Harbor Hospital.**

**These include the right to:**

- ♦ be treated with dignity and respect;
- ♦ be free from abuse and neglect;
- ♦ be safe and comfortable;
- ♦ access adequate medical care;
- ♦ access outdoor activities;
- ♦ give or withhold consent to treatment;
- ♦ be involved in your treatment and discharge planning;
- ♦ be free from unnecessary restraint and seclusion; and,
- ♦ receive visitors, send and receive mail, and have private phone conversations.

**OTHER ISSUES YOU MAY WISH TO DISCUSS**

- ♦ Involuntary commitment
- ♦ Emergency Department issues
- ♦ Access to community-based mental health services
- ♦ Concerns regarding your guardian and/or payee (if applicable)
- ♦ Housing issues/Eviction
- ♦ Employment-based discrimination
- ♦ Voting rights/access

**Your telephone access to Disability Rights Maine shall be assured at all times.**

**Call Us @ 1.800.452.1948**