

The Youth Peer Support Statewide Network invites you to join our

VIRTUAL PEER SUPPORT SPACE!

This group is for all folks 14-26 to bring experiences, challenges, and celebrations. It will be shaped by attendees and whatever folks want and need to talk about. This could range from sharing our mental health challenges to sharing how our days went.

Wednesdays

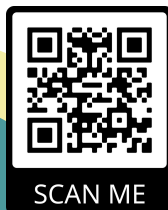
3:30-4:30

Jump on zoom by clicking or typing in this link:

<https://bit.ly/3LotuDy>

For questions reach out to **Tasha.Barnhart@mainehealth.org** or **Maggie.Bouchard@mainehealth.org** text/call @ **207.233.7334**, or **207.295.6409**

The Youth Peer Support Statewide Network is a peer community reimagining youth and young adult mental health services in Maine by focusing on connection and self determination. Peers practice intentional peer support and also self identify with mental health and substance use challenges.



For a list of our groups w/ links:

