

Groups/Events 2021

MONDAYS

4-5:30 pm
Queer Young Adults
of Maine
(Ages 18-26)

Zoom:
<https://bit.ly/ZoomQYAM>

TUESDAYS

Every Tuesday
in January
3:30 - 5:30pm
Portland in-person
drop-in space
MBH Portland Peer Support
Center, 165 Lancaster St.
Ages 14-26

WEDNESDAYS

4 - 5 pm
Games & Gab
(Ages 14-18)

Zoom:
<http://bit.ly/zoomGG>

THURSDAYS

Second Thursday of
every month
5-6:30 pm
Youth Advisory Board
(Ages 14-26)

Zoom:
<https://bit.ly/mestateyab>

FRIDAYS

1-2 pm
Exploring Unique
Experiences
(Ages 18-26)
3:30-4pm
Meditation Minutes
(Ages 14-26)

Zoom:
<https://bit.ly/FridayEUE>
<https://bit.ly/Take30Minutes>

SATURDAYS

Second Saturday
every month
3:30 - 5:30pm
Biddeford in-person
drop-in space
MBH Biddeford Peer Support
Center, 15 York St.
Ages 14-26

The Youth Peer Support Statewide Network is a peer community reimagining youth and young adult mental health support in Maine by focusing on connection and self-determination.

Check out our website at: <https://bit.ly/youthpeer>