

**BASICS**

- Major depressive disorder or clinical depression is a common and serious mood disorder, and can often affect the health and wellness of the patient, including their compliance to a treatment plan.
- Minor depression applies when people have at least 2 symptoms of depression, but less than 5. **Major depression applies when there are at least 5 symptoms of depression that last for at least two weeks.**
- Prevention and utilization of screening tools, such as the Patient Health Questionnaire (PHQ) can help to identify opportunities and improve outcomes. Click [here](#) for more information.

PHQ Score	Severity	Status or Episode	ICD10 Considerations	Diagnosis Description
0-4	None-Minimal	N/A	N/A	No Personal History
		Partial Remission	F32.4	Major depressive disorder, single episode, in partial remission
			F33.41	Major depressive disorder, recurrent, in partial remission
		Full Remission	F32.5	Major depressive disorder, single episode, in full remission
F33.42	Major depressive disorder, recurrent, in full remission			
5-9	Mild	Single Episode	F32.0	Major depressive disorder, single episode, mild
		Recurrent	F33.0	Major depressive disorder, recurrent, mild
10-14	Moderate	Single Episode	F32.1	Major depressive disorder, single episode, moderate
		Recurrent	F33.1	Major depressive disorder, recurrent, moderate
15-19	Moderately Severe	Single Episode	F32.1-F32.2	Major depressive disorder, single episode: F32.1 - moderate , F32.2 - severe without psychotic features
		Recurrent	F33.1-F33.2	Major depressive disorder, recurrent,: F33.1 - moderate, F33.2 - severe without psychotic features
20-27	Severe	Single Episode	F32.2-F32.3	Major depressive disorder, single episode: F32.2 - severe without psychotic episode, F32.3 - severe with psychotic episodes
		Recurrent	F33.2-F33.3	Major depressive disorder, recurrent,: F33.2 - severe without psychotic features, F33.3 - severe with psychotic symptoms

Use ALL applicable codes to accurately document a patient’s condition, more than 1 can be documented

Remember to M.E.A.T. (Monitor, Evaluate, Assess and/or Treat) and document:

- Type of disorder (depressive, manic or bipolar)
- Severity (mild, moderate, severe)
- Episode (single, recurrent)
- Status, if in remission, avoid use of “history of” and consider “in remission”
- Presence or absence of symptoms of depression
- Treatment (eg. Follow up visits, referrals, pharmacology)
- Document additional depression classifications, if applicable
- If psychotic features, document and assign appropriate codes, as listed above

BEYOND THE BASICS

ICD10 CODING CONSIDERATIONS

REMISSION

- Avoid using "history of" and consider "in remission" and use one of the following codes based on occurrence:

Status	Description	ICD 10 Code(s)
Partial	Symptoms of the previous major depressive episode are present, but full criteria are not met, or there is a period lasting <2 months without any significant symptoms of a major depressive episode	F32.4 (Single episode)
		F33.41 (Recurrent)
Full	No significant signs or symptoms of major depressive disorder present during the last 2 months	F32.5 (Single episode)
		F33.42 (Recurrent)

OTHER BEHAVIORAL DISORDERS

- Be sure to document episode, severity, type or other contributing factors

ICD10 Code(s)	Description
F30.X	Manic Disorder
F31.X	Bipolar Disorder (Depression is a component, not reported separately)
F34.X	Persistent Mood (Affective) Disorders
F39	Unspecified Mood (Affective) Disorder
F20.X	Schizophrenia (+manifestation)
F25.X	Schizoaffective Disorders (+subtype)
F01.5X	Vascular Dementia - without behavioral disturbance (F01.50) or with behavioral disturbance (F01.51)

COMORBIDITIES

- Or medical conditions that exist at the same time as diagnosis or later develop in conjunction with Major Depressive Disorder. Common conditions include:

ICD10 Code	Comorbidity
E10.X, E11.X	Diabetes (Type 1 or 2)
M05.X, M06.X	Rheumatoid Arthritis
J44.X	COPD
E78.2-E78.5	Hyperlipidemia
I20.X-I25.X	Ischemic Heart Disease

SUBSTANCE USE, ABUSE AND DEPENDENCE

- Abuse and dependence are not interchangeable and are separate conditions, eg. Use and abuse or abuse and dependence
- There are no history codes for substance abuse, code "in remission"
- Be sure to code with complications, if applicable (eg. Induced psychotic disorders, hallucinations, delirium)

ICD10 Code(s)	Description
F10.X	Alcohol Related Disorders (assign alcohol blood level, if known)
F11.X	Opioid Related Disorders
F14.X	Cocaine Related Disorders
F17.X	Nicotine Dependence

ICD10 CODING SCENARIOS

Example	ICD 10 Coding
AWV for 70 yo female, PHQ score of 5 and multiple symptoms of depressive state. Also, current cigarette smoker, and current diagnosis of HTN.	•I10, Essential (Primary) HTN AND •F32.0, Major Depressive Disorder, single episode, mild AND •F17.210, Nicotine Dependence, Cigarettes
21 year old follow up for depression. PHQ score of 3, provider noted patient recurrent and in partial remission.	•F33.41, Major Depressive Disorder, recurrent in partial remission
Patient visit for depressed feelings and check up on bipolar disorder, reports being non-compliant with antipsychotic medication.	•F31.9, Bipolar Disorder AND •T43.506A Under dosing of unspecified antipsychotics and neuroleptics, initial encounter AND •Z91.128, Patients intentional under dosing of medication regimen for other reason.