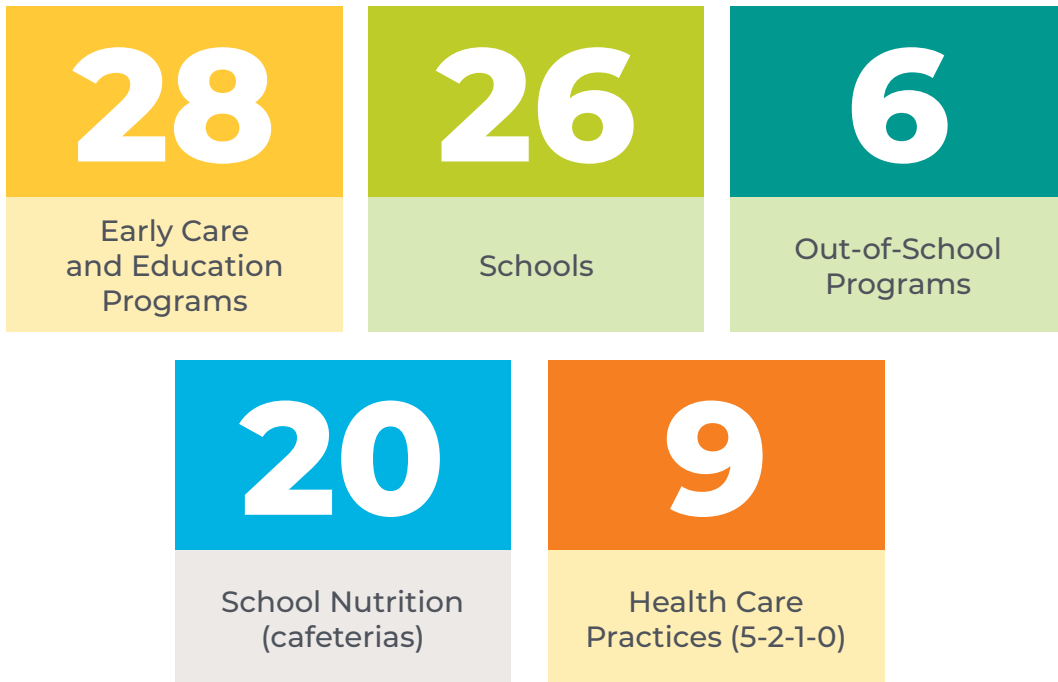


The prevalence of obesity in Somerset County is 24% for middle school students, 22% for high school students and 35% for adults. This is why local Let's Go! Coordinators partner with **89 sites** in our region to promote healthy habits.



We serve more hot breakfast meals and make food fun! Whether it be watermelon sharks on salad bar, or simply writing positive messages on bananas.



— School, Canaan



IN PARTNERSHIP WITH



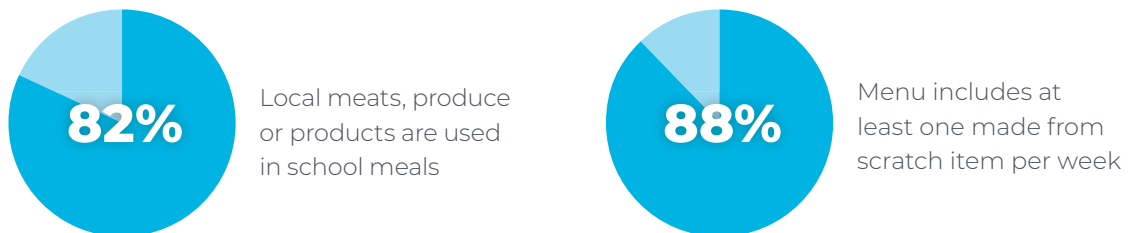
## Let's Go! sites are supporting healthy, happy kids who are ready to learn!

(n = 53 schools, early care and education and out-of-school programs reporting)



## Let's Go! school cafeterias are serving healthy meals that include local products and scratch cooking!

(n = 17 school cafeterias reporting)



## Let's Go! health care practices are motivating kids to build good habits that will last a lifetime!

(n = 8 practices reporting)

