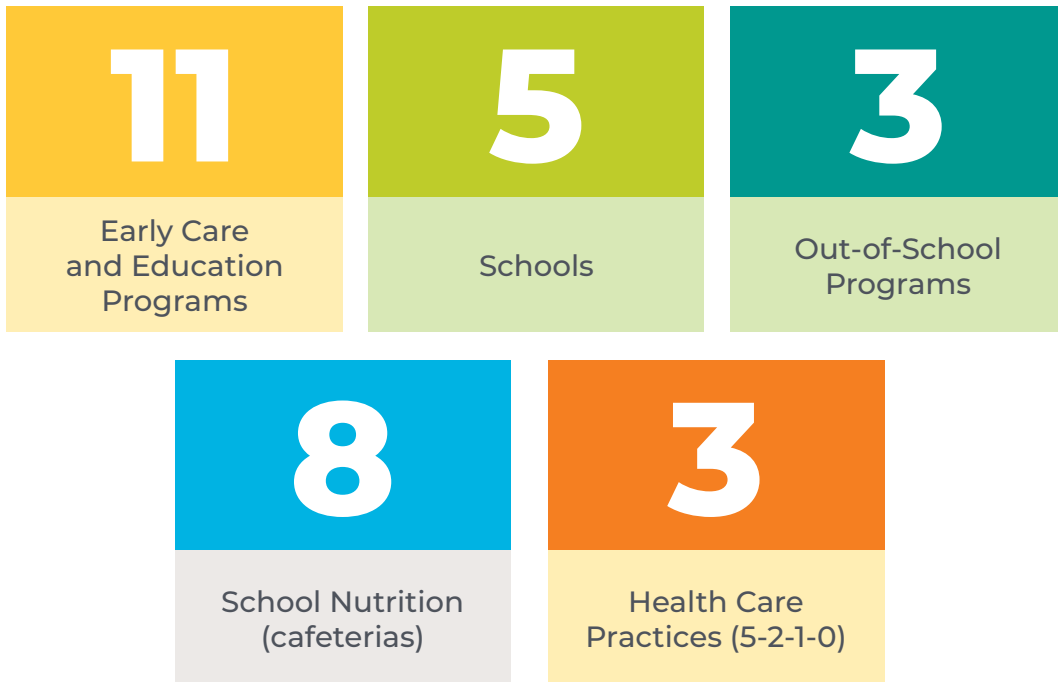


The prevalence of obesity in Kennebec County is 19% for middle school students, 17% for high school students and 35% for adults. This is why local Let's Go! Coordinators partner with **30 sites** in our region to promote healthy habits.



“ We try to make some different things with fresh fruits and veggies instead of just putting them on the salad bar, such as black bean corn salad, tomato and cuke salads, fresh fruits mixed. ”

— School, Waterville



IN PARTNERSHIP WITH



## Let's Go! sites are supporting healthy, happy kids who are ready to learn!

(n = 13 schools, early care and education and out-of-school programs reporting)



## Let's Go! school cafeterias are serving healthy meals that include local products!

(n = 3 school cafeterias reporting)



## Let's Go! health care practices are motivating kids to build good habits that will last a lifetime!

(n = 1 practices reporting)

