

The prevalence of obesity in Carroll County, NH is 13% for high school students, and 28% for adults. This is why local Let's Go! Coordinators partner with **24 sites** in our region to promote healthy habits.



“ Promoted school meals in the newsletter. When introducing new items to the menu, we would ask students to raise their hands if they liked it and would like to see the item on the menu again. ”

— School, Madison



IN PARTNERSHIP WITH



Memorial Hospital  
MaineHealth

## Let's Go! sites are supporting healthy, happy kids who are ready to learn!

(n = 10 schools, early care and education and out-of-school programs reporting)



## Let's Go! school cafeterias are serving healthy meals that include local products!

(n = 1 school cafeterias reporting)



## Let's Go! health care practices are motivating kids to build good habits that will last a lifetime!

(n = 2 practices reporting)

