

The prevalence of obesity in Franklin County is 19% for middle school students, 23% for high school students and 32% for adults. This is why local Let's Go! Coordinators partner with **58 sites** in our region to promote healthy habits.



We see that parents are providing much healthier lunches and snacks than a few years ago. The emphasis on organic, no sugar, less processed food is very evident.



— Child Care Center, Carrabassett Valley



IN PARTNERSHIP WITH



## Let's Go! sites are supporting healthy, happy kids who are ready to learn!

(n = 19 schools, early care and education and out-of-school programs reporting)



## Let's Go! school cafeterias are serving healthy meals that include local products and scratch cooking!

(n = 5 school cafeterias reporting)



## Let's Go! health care practices are motivating kids to build good habits that will last a lifetime!

(n = 7 practices reporting)

