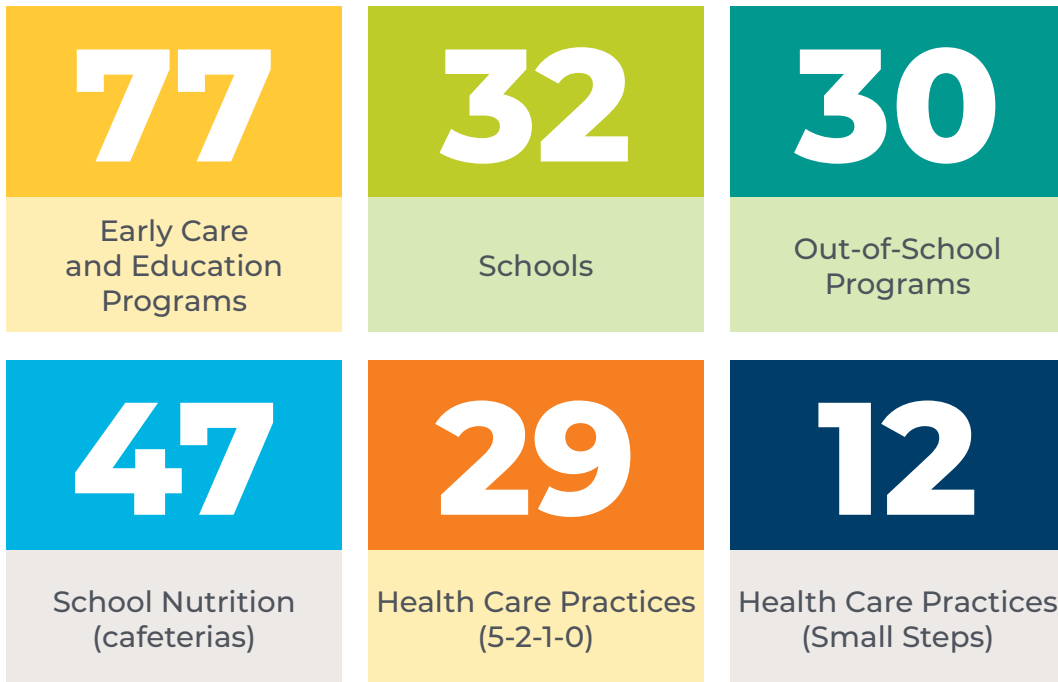


The prevalence of obesity in Cumberland County is 12% for middle school students, 11% for high school students and 25% for adults. This is why local Let's Go! Coordinators partner with **227 sites** in our region to promote healthy habits.



Thank you for the Activity Cards! These have been a hit!

— Child Care Center, Windham



LETSGO.ORG

Let's Go! sites are supporting healthy, happy kids who are ready to learn!

(n = 86 schools, early care and education and out-of-school programs reporting)



Let's Go! school cafeterias are serving healthy meals that include local products and scratch cooking!

(n = 33 school cafeterias reporting)



Let's Go! health care practices are motivating kids to build good habits that will last a lifetime!

(n = 19 practices reporting)

