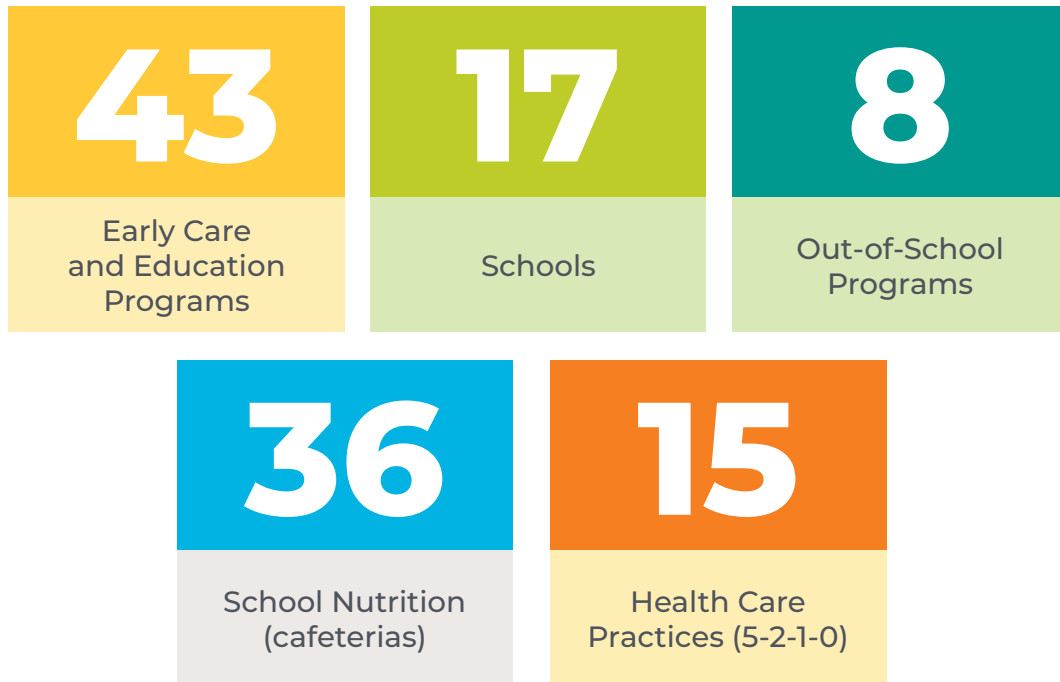


The prevalence of obesity in Androscoggin County is 20% for middle school students, 19% high school students and 33% for adults. This is why local Let's Go! Coordinators partner with **119 sites** in our region to promote healthy habits.



“ We have healthy snack and track where students in the afternoon eat their healthy snacks and walk around our walking track. ”

— School, Auburn



IN PARTNERSHIP WITH



Let's Go! sites are supporting healthy, happy kids who are ready to learn!

(n = 54 schools, early care and education and out-of-school programs reporting)



Let's Go! school cafeterias are serving healthy meals that include local products and scratch cooking!

(n = 29 school cafeterias reporting)



Let's Go! health care practices are motivating kids to build good habits that will last a lifetime!

(n = 7 practices reporting)

