



Ideas for Celebrations without Food

Parties and celebrations can be fun and special without all the sugary food.



IDEAS FOR YOUR NEXT CELEBRATION

For the Birthday Child

- Let the birthday child be the first to do each activity for the day.
- Create a birthday library where the child's family donates a book to the program library on their child's birthday. Read the book aloud in honor of the child's birthday.
- Allow the birthday child to be the teachers helper for the day to help with special tasks, such as making deliveries or doing announcements.
- Create a "Birthday Celebration" book. Have teachers or peers write stories or poems and draw pictures to describe what is special about the birthday child.
- Allow the birthday child to wear a sash and crown, sit in a special chair, and receive a special birthday surprise like a sticker, birthday card, or coloring book.
- Allow the birthday child to invite a family member, special guest, or staff member to join and perhaps lead an activity. A special guest can participate in person or virtually.

For Other Celebrations

- Have a dance party, make it a fun theme
- Provide extra free time
- Bring in guest story readers
- Host a show and tell
- Lead a themed scavenger hunt
- Each lunch outside or somewhere different and special
- Create a fun obstacle course

Additional ideas to add to the list

- Front of the lunch line pass
- Tickets to school events
- Have class outside
- Brainteaser competitions
- Board games or puzzles
- Option to sit with friends
- Permission to listen to music while working at desk
- Special parking spot for a day
- Entry into a drawing for donated prizes