

Healthcare Provider Statement Recommending Healthy Habit Goals

Healthcare providers can help children and youth receive school or home based services to support healthy eating and active living behaviors by getting involved in the special education process. Steps to take:

- 1. School and/or program staff share this form with families and caregivers.
- 2. Families and caregivers ask child's healthcare provider to use this form to help their child get more support around healthy eating and/or physical activity at school or home.
- 3. After the healthcare provider completes the form, parents and caregivers share it at IEP meetings, and meetings with case managers and service providers.

Patient's Name:

Date of Birth:

Diagnosis:

How the diagnosis impacts the child's health, development, or education:

Suggested Goal/Service/Accommodation at School:

Suggested Goal/Service/Accommodation Outside of School and/or at Home:

Recommendation for Additional Assessment:

Provider Signature: