

Cafeteria to Classroom Connections



Collaboration between classrooms and school nutrition programs can support students to make healthy food choices.

Partner with the School Nutrition Program to:

Cater Classroom and School-Sponsored Events

- It's a healthy choice. School cafeterias adhere to federal and state nutritional standards.
- It saves money. School nutrition programs can provide food at a low cost.
- It's easy. The cafeteria can deliver to your classroom.

Support Student Breakfast

- School Breakfast options can include: breakfast in the classroom, breakfast after the bell, or grab and go alternatives.
- Eating breakfast helps ensure students are ready to learn.
- School breakfast foods can look the same as those in grocery stores, but the nutrients are very different. Check out our *School Breakfast: The Facts* resource.

Assist with Nutrition Education

- Use the cafeteria or kitchen as a learning lab.
- Tour the kitchen to learn more about preparing meals.
- Conduct taste tests to sample new foods.

Share information about the School Meals Program with Staff, Students, and Families

- School meals are healthy.
- Many school meals programs serve local foods.
- School meals are for everyone.

Partnering with School Nutrition Programs is good for the entire school community.