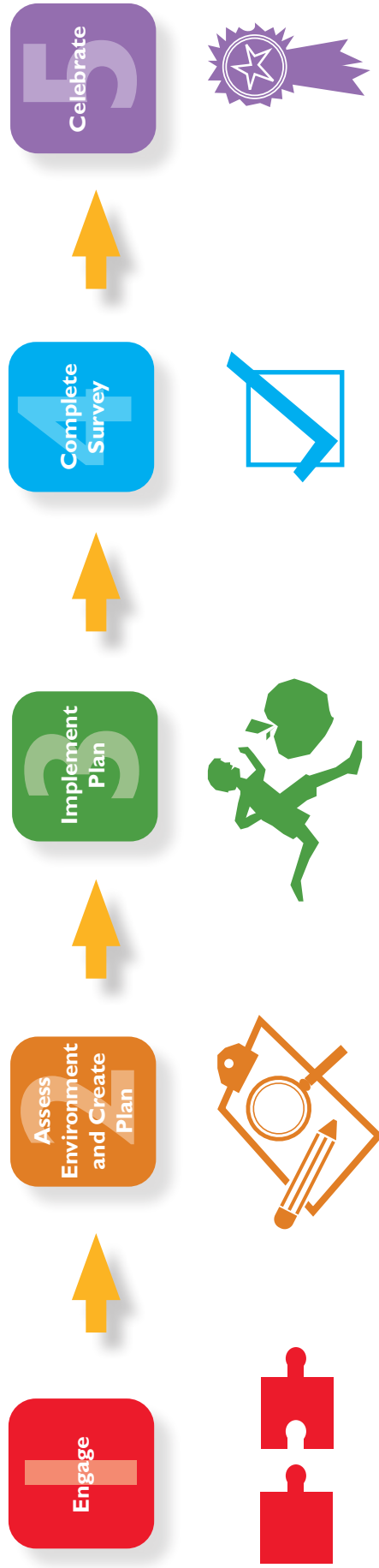


5 Increase Healthy Eating and Active Living Through Let's Go!'s STEP PATH TO SUCCESS



New Sites:
Sign up with your local partner.
Returning Sites:
You will hear from your local partner.
Program year begins July 1. If applicable, (re-)assemble your team.

Assess your environment and practices and plan for the year by completing the Let's Go! Goal Setting Worksheet or by having a conversation with your local partner.

Implement the strategies you have chosen. Engage in one or more types of assistance as needed.

Complete the Let's Go! Survey each spring based on the policies and practices your site has in place.

Share your successes with other staff, children, parents, and the community.

MaineHealth
LET'S GO!
5-2-1-0

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