

STRATEGY 7: Engage Community Partners to Help Support Healthy Eating and Active Living

how to implement

Community partners can add expertise and extra hands to your Let's Go! efforts. Think about how you might include one of these community partners in your plan for the year.

- **Bolded** items mean there is a supporting handout in this section!

Engage community partners:

- Ask SNAP Educators to provide nutrition education.
- Ask Health professionals such as your school physician, local pediatrician, or nutritionist to come share their expertise.
- Ask Master Gardeners to help with your school garden.
- Invite local college students to lead a healthy activity.
- Take a tour of a local farm to learn how fruits and vegetables are grown.
- Have students **Create Media Projects** in partnership with community organizations.
- Seek funding using the **Sample Language for Requesting Support from Local Businesses** handout.
- Involve kids in **Activities that Involve the Community** in healthy eating and active living.

