

Student Survey Template

Tips for Designing an Effective Survey

- Define your goal or purpose. Decide what you want to find out, and keep the survey focused on that goal.
- Keep it short. For each question, ask, "How will we use this information?" If you won't use it, remove the question.
- Give the survey a short title.
- Provide clear instructions on how to complete the survey.
- Use simple and direct language. Make questions as brief as you can.
- To keep it interesting, include a variety of question forms such as yes/no, multiple choice, and open-ended questions.

SAMPLE SURVEY

School Nutrition Program Student Survey

We hope you are enjoying the nutritious school meals that we provide to all of our students. All year-long, we are thinking of how we can improve school meals and your experience. Please answer the following questions to tell us what you think!

1. Which school do you attend? _____
2. Where do you normally get lunch on school days? Mark all that apply.
 From the school cafeteria I bring my lunch I buy it off campus I do not eat lunch
 Other (please describe): _____
3. How often do you eat a school meal (breakfast and lunch)?
 Every day Most days A few times a month Rarely/never
4. In general, how would you rate the taste of the cafeteria food? Mark one.
 Delicious Pretty good Okay Terrible I don't eat it
5. In general, how healthy do you think the cafeteria food is? Mark one.
 Very healthy Pretty healthy A little healthy Not healthy I don't eat it
6. If you eat school meals regularly, what is the best thing you've eaten in the cafeteria (breakfast and/or lunch)?

 What did you like about it? _____
7. What was your least favorite food item? _____
 What didn't you like about it? _____
8. If the cafeteria could change one or two things to make the food tastier, healthier, or more interesting, what would you suggest? Be as specific as you can: _____

9. Do we offer enough food choices at breakfast and/or lunch? Yes No
10. Does it seem to you that a lot of waste is being generated in the meal program? Yes No
 What could be done to reduce that? _____
11. Do you feel you have enough time to eat your lunch? Yes No
 If not, how much more time would you need to finish eating? _____
12. In addition to the food itself, what changes would make your mealtime experience better? _____

13. Think about students you know who don't regularly eat the school lunch. What changes might make them more likely to participate? _____

Adapted from Center for Ecoliteracy

MaineHealth

LET'S GO!

5-2-1-0