

MaineHealth

LET'S GO!

5-2-1-0

2022 Culinary Training Series

09 March
2022
2pm-3:30pm

Seasoning School Meals:
Adding Pizzazz to Their Plate

<https://attendee.gotowebinar.com/register/8110793130819922445>

04 May
2022
2pm-3:30pm

Celebrating Farm & Sea to School:
Implementing Local Food on your Menu

<https://attendee.gotowebinar.com/register/676965330754268943>



Catharine Powers
MS, RDN, LD



Chef Samantha
Gasbarro, SNS

Program Descriptions

- Participants will earn 1.5 CEUs for each training session.
- Valuable giveaways at each session for two lucky winners.

Seasoning School Meals: Adding Pizzazz to Their Plate

Preparing school meals that are full of flavor is one of the biggest challenges. This training will discuss why enhancing flavor is critical and demonstrate simple ways to add flavor to school meals.

Celebrating Farm & Sea to School: Implementing Local Food on your Menu

The Farm and Sea to School Program promotes the use of Maine grown, raised, and caught ingredients in the delivery of meals to students throughout the state. Purchasing, preparing, and serving local foods makes sense for schools and your community. This training will demonstrate easy ways to prepare various foods from Maine. We will also provide an overview of farm and sea to school.

Register Now!