

School-Based Afterschool SNACK PROGRAM

**Did you know?
School-based
afterschool programs
can get reimbursed
for serving healthy
snacks!**

To learn more about
the Afterschool Snack
Program, visit:

- www.maine.gov/doe/nutrition/programs/assp/index.html
- www.fns.usda.gov/school-meals/afterschool-snacks



What is the Afterschool Snack Program?

The Afterschool Snack Program is offered through the U.S. Department of Agriculture (USDA). Qualifying school-based afterschool programs can receive cash reimbursement for the snacks they serve. In return, the programs must serve snacks that meet Federal requirements and offer free or reduced-price snacks to eligible children.

What sites are eligible to participate in the Afterschool Snack Program?

Afterschool programs administered by schools participating in the National School Lunch Program are eligible. Programs must include regularly scheduled, structured, and supervised educational or enrichment activities. Programs that include supervised athletic activities may participate, as long as the athletic activity is open to all and does not limit membership for reasons other than space or security.

What are the food requirements for afterschool snacks?

Snacks must contain **at least two** of the four following components:

1. A serving of fat-free or low-fat fluid milk;
2. A serving of meat or meat alternate;
3. A serving of vegetables, fruits, or full-strength vegetable or fruit juice;
4. A serving of whole-grain or enriched bread or cereal.

Let's Go! strongly encourages whole fruit over fruit juice. Kids will get all the great fiber of the whole fruit and feel fuller than with juice. Fruit juice offers no health benefits over whole fruit.

What is the rate of reimbursement?

For the 2015-2016 school year, reimbursement rates are as follows:

- Paid snacks = \$0.07
- Reduced price snacks = \$0.42
- Free snacks = \$0.84

If the program is located at a school where at least 50% of the enrolled children are eligible for free or reduced price meals, all snacks will be reimbursed at the free rate.

What records must be maintained?

Programs must record and report the total number of snacks served each day by category of reimbursement. Programs also must maintain documentation of compliance with the meal pattern. On-site monitoring reviews must be completed with the School Food Authority twice per year.