

# The Child and Adult Care Food Program (CACFP) Can Help You Feed Healthy Meals to Children!



## What is CACFP?

The Child and Adult Care Food Program offers child care providers the tools to provide healthy meals and nutrition education to children in their care.

Providers receive financial reimbursement for healthy meals (defined by the USDA) served to children.

This program is funded by the United States Department of Agriculture (USDA).

## What are the benefits?

State and local sponsoring agencies support care providers in a variety of ways. Examples include:

- Reimbursement for nutritious meals
- On-site support, information, and training
- Suggestions for healthy meals and snacks and physical activity

## Who can qualify?

CACFP is available through the State agency for:

- Nonprofit Child Care Centers
- Some eligible For-Profit Centers
- At-Risk Afterschool Care Centers
- Outside School Hours Care Centers
- Adult Day Care Centers
- Emergency Shelters

CACFP is available through local sponsors to Licensed Day Care Homes and some Legal Unlicensed Homes.

*(Please see back of flyer)*

## What is expected of providers?

- Help children develop life-long healthy eating habits
- Serve nutritious meals as defined by the USDA
- Provide a safe and healthy environment for children in your care.
- Meet State or home-sponsor enrollment and record keeping requirements.
- Comply with Staff/child ratios as defined by DHHS Licensing.

## Learn more about CACFP

**Maine's CACFP website:**  
[www.maine.gov/dhhs/ocfs/ec/occhs/foodpgm.htm](http://www.maine.gov/dhhs/ocfs/ec/occhs/foodpgm.htm)

**USDA website:**  
<http://www.fns.usda.gov/cacfp/child-and-adult-care-food-program>

A Federally funded children nutrition program through the USDA Food and Nutrition Services (FNS); State administered through Maine Department of Health and Human Service (DHHS).



Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

**The Child and Adult Care Food Program (CACFP)  
can help you pay for the cost of nutritious meals and snacks  
for children in your care.**

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