

## Welcome to Step 3

# IMPLEMENT PLAN!

This section, Implement Plan, is filled with ideas on exactly HOW you can put your 5-2-1-0 Let's Go! efforts into action! You'll notice that the pages in this section are organized by the Strategies for Success, so you can turn right to the strategy (or strategies!) you will be focusing on this year. Within each strategy tab you will find the following pages:

**WHY PAGES** – Each strategy has one WHY page explaining the science behind the strategy, and why it is important.

**HOW PAGES** – Each strategy also has a HOW page with a list of specific and ready-to-use ideas for how to implement the strategy. Several of the ideas on the HOW page also have supporting pages you will find later in that section.

**SUPPORTING PAGES** – These pages provide more details on some of the ideas listed on the HOW page. Some can be used as parent handouts, and some are great for sharing with staff.

As an example, here is how ABC Child Care may use this section:

**EXAMPLE:** ABC Child Care is preparing their plan for the year, so they turn to the 'Step 3: Implement Plan' tab to find ideas and resources that will support them. One of the strategies they are working on in their Plan is "Strategy #3: Prohibit the use of food as a reward." So, they do the following within this section:

1. They turn to the sub tab, Strategy # 3, and immediately find the **WHY** document that gives them the science behind why the strategy is important.
2. Energized by the knowledge of why Strategy # 3 is important, they turn to the next page, which is the **HOW** page—a list of ideas on how to implement Strategy #3.
3. They choose a few ideas from the **HOW** page to add to their Plan. They notice that two of the ideas they selected have supporting pages and look for these documents in the following pages.
4. They get some ideas from the supporting pages and add them as tasks on their Plan. Now, having all the ideas and supporting documents they need to implement Strategy # 3, they confidently go forth and implement Strategy # 3 as part of their Plan.
5. ABC Child Care ends up completing all the goals on their Plan earlier than expected. So, mid-year, they come back to the 'Step 3: Implement Plan' Tab for more ideas on how to expand their efforts.