

STRATEGY 7: Engage Community Partners to Help Support Healthy Eating and Active Living

how to implement

Community partners can add expertise and extra hands to your Let's Go! efforts. Think about how you might include one of the community partners below in your plan for the year.

- **Bolded** items mean there is a supporting handout in this section!

Engage community partners:

- Ask SNAP educators to provide nutrition education.
- Ask health professionals such as your local pediatrician or nutritionist to come share their expertise.
- Ask master gardeners to help with your program garden.
- Work with local college students to lead a healthy activity.
- Partner with your local food bank to do a healthy food drive using the **Please Give Nutritiously** handout.
- Take a tour of a local farm to learn how fruits and vegetables are grown.
- Seek funding using the **Sample Language for Requesting Support from Local Businesses**.
- Ask your librarian to read a book (or books) from **Let's Go!'s Suggested Book List for Child Care Programs** (found in the 'Additional Resources' Section of the toolkit).



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LET'S GO!

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