

STRATEGY 6: Participate in Local, State and National Initiatives that Support Healthy Eating and Active Living

how to implement

Bring fresh ideas and resources to your Let's Go! work when you participate in other initiatives that support healthy behaviors.

Bolded items mean there is a supporting handout in this section!

Get involved with one of these excellent initiatives:

- **Farm to Preschool** www.farmtopreschool.org
- **WinterKids Preschool GOAL** www.winterkids.org
- **Cooking Matters for Child Care Professionals class** www.gsfb.org/how-we-help/programs/cooking-matters-maine
- **Let's Move Child Care** www.healthykidshealthyfuture.org

Use national healthy observations

- Use **Healthy Dates to Celebrate** to enhance your curriculum.

here **there** and
everywhere!

