



A MATTER OF BALANCE

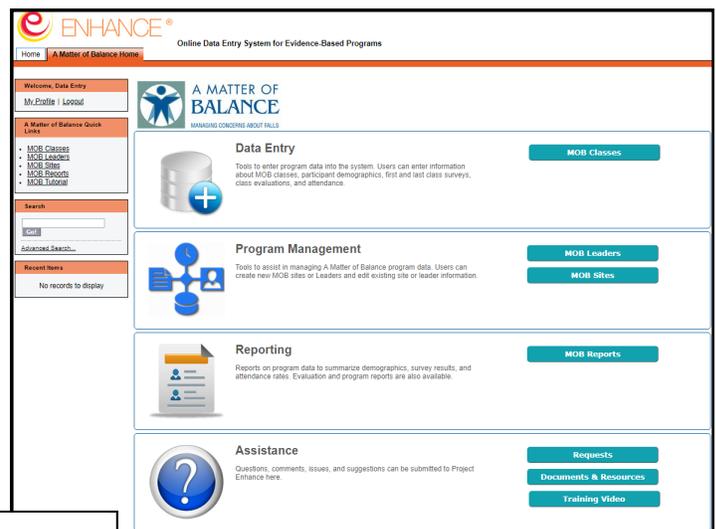
MANAGING CONCERNS ABOUT FALLS

Online Data Entry System

Developed with support from the US Administration on Aging and the National Council on Aging (NCOA)

The MOB online data entry system lets you enter, manage and report on your Matter of Balance program data, including:

- Participant demographics
- Pre and post surveys
- Session- and participant-level attendance
- Class information
- Class implementation site and Master Trainer (host) organization data
- Leader (coach) information



Survey Results: Number of Participants Improving, Maintaining and Declining
for classes with end date between 1/1/2018 and 12/31/2018

All organizations participating in this database	National						
	Q1	Q2	Q3	Q4	Q5	Q6	Q7
# responding to question at both first and last survey	4091	4042	4019	4045	4035	3837	3785
# improved (higher score from first to last survey)	1832	2127	2247	1919	1895	1455	1585
# maintained at highest score	907	706	332	1006	752	891	1245
# maintained at less than highest score	932	869	1058	754	941	739	486
# declined	420	340	382	366	447	852	469
Key:							
% Improved	45	53	56	47	47	37	42
% Maintained at Highest Score	22	17	8	25	19	23	33
% Maintained at < Highest Score	23	21	26	19	23	19	13
% Declined	10	8	10	9	11	22	12

Roll-up for this organization (see following pages for detail by class)

Developed on a secure web-based platform, there is nothing to install on your computer — you can log in from any computer with an internet connection.

Attendance
for classes with end date between 1/1/2018 and 12/31/2018

Organizations participating in this database	National							
	S1	S2	S3	S4	S5	S6	S7	S8
Attendance at each session								
# participants with any attendance	6483	5611	5465	5141	4928	4702	4557	4503
% attendance at session	87%	84%	79%	76%	73%	70%	69%	69%
Participants by number of sessions attended								
# participants	6483	6091	5704	5533	5246	4705	3638	1875
% attending at least X sessions	100%	94%	89%	85%	81%	73%	56%	29%

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Licensing

The annual \$200-per-user fee gives you access to the MOB online data entry system.

Choose a user account type:

Access Level	Data Entry User	Administrative User
Enter and work with participants' personal (demographic) and program (surveys, attendance, evaluation) data	X	
View de-identified participant program data (surveys, attendance, evaluations) and aggregated demographics		X
Generate reports summarizing the participant and program data for your organization(s)	X	X
Manage data for Leaders (Coaches)	X	X
Manage data for Class Sites	X	X
View data for Master Trainers	X	X
View data for Master Trainer (Host) Organizations	X	X

Organizations typically have one user. However, two or more organizations that provide A Matter of Balance (MOB) within the same state or region may choose to form a data sharing group. These organizations can share a single data entry user, send their class forms to one location for entry, and can get reports on MOB activity within their state or region, at the cost of a single license fee.

How to register

To register, complete the online registration form at:

<https://form.jotform.com/ProjectEnhance/mob-odes-registration>



For more information about A Matter of Balance (MOB), visit the MaineHealth website:

<https://mainehealth.org/healthy-communities/healthy-aging/matter-of-balance>



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