

Regional LOGO Here

Have you had your Medicare Annual Wellness Visit?

What is a Medicare Annual Wellness Visit?

* Medicare Part B and Medicare Advantage plans offer an Annual Wellness Visit. This is a time for you and your provider to develop a personalized wellness plan to keep you healthy.
* This will mostly be a “discussion.” Your provider will be asking you questions to help identify ways to keep you safe and healthy
* An Annual Wellness Visit is not the same as a physical exam visit

Why should I get one?

The Annual Wellness Visit is a time to:

* Learn about healthy behaviors that can help you live independently longer.
* Complete a Health Risk Assessment that will help you and your provider develop your personalized prevention plan.
* Talk about which health screenings (like colorectal cancer screenings or mammograms) are covered by Medicare, and when.
* Get referrals for health education, counseling services or other assistance you may need.

How much does it cost?

* A Medicare Annual Wellness Visit is covered once a year at **no cost** to you if you have Medicare Part B coverage or a Medicare Advantage plan.
* The Annual Wellness visit does not include discussion about any new or current medical problems.
* If you get additional tests or services during the same visit that aren’t covered under these preventive benefits, copay and deductible may apply.
* For more information about your Medicare benefits visit [www.mymedicare.gov](http://www.mymedicare.gov/) or contact your carrier directly using the number on your insurance card.

Contact your primary care office today to schedule your Medicare Wellness Visit!

