

## Health Index Priority Issues for MaineHealth – data updated October 14, 2021

HEALTH INDEX PRIORITY LONG-TERM METRIC		MaineHealth Service Area data or Maine data			U.S. (Benchmark)		
		BASELINE RATE	CURRENT RATE	Change	FY 2028 TARGET	CURRENT RATE	+/-
<b>1. Cardiovascular Disease</b>							
	Deaths per 100,000 population†	2010-12 186.1	2017-19 187.8	○	≤175	2017-19 215.7	★
<b>2. Cancer</b>							
	Deaths per 100,000 population†	2010-12 181.7	2017-19 158.5	★	≤140	2017-19 149.2	!
	New cases per 100,000 population†	2008-10 502.8	2015-17 489.0	★	≤450	2015-17 446.0	!
<b>3. Diabetes</b>							
	% ever told has Diabetes	2014 9.5%	2020 10.3%	○	≤9%	2020 10.6%	○
<b>4. Behavioral Health</b>							
a. Substance Misuse and Dependence							
	Drug-overdose deaths per 100,000 population†	2010-12 11.5	2017-19 31.0	!	≤12	2017-19 21.4	!
b. Mental Health Conditions							
	Suicides per 100,000 population†	2010-12 15.0	2017-19 19.4	!	≤14	2017-19 14.1	!
<b>5. Healthy Aging: Falls Prevention</b>							
	% 65+ year-olds reported falling 1+ times within the past 12 months	2012 30.9%	2018 28.3%	○	≤26%	2018 27.4%	○
<b>6. Child &amp; Adolescent Immunizations</b>							
	% of 19- to 35-month-olds up-to-date for combined 7-vaccine series (by birth year‡)	Born: 2011 74.9%	Born: 2017 77.9%	○	80.0%	Born: 2015 74.9%	○
<b>7. Tobacco &amp; Nicotine Dependence</b>							
	% 18+ yr-olds currently smoke	2014 19.3%	2020 16.5%	★	≤14%	2020 15.5%	○
	% high school students used any tobacco or electronic vapor product in past 30 days	2017 22.5%	2019 33.0%	!	≤20%	2019 36.5%	○
<b>8. Obesity</b>							
	% 18+ yr-olds with obesity	2014 28.2%	2020 31.0%	!	≤26%	2020 31.9%	○
	% high school students with obesity	2009 12.5%	2019 14.9%	○	≤13%	2019 15.5%	○
<b>9. Social Determinants of Health</b>							
	% households experiencing food insecurity	2012 14.4%	2019 12.4%	○	≤11%	2019 10.9%	○
<b>10. COVID (temporary)</b>							
	% Total Population Fully Vaccinated	11/1/2020 0.0	11/1/2021 70.0%	★		11/1/21 55.3%	★

\* The MaineHealth targets are all set to use the most recent years of data that will be available as of September 30 2028.

† Rates are age-adjusted, the standard population used is the U.S. population in year 2000

‡ Rates are estimated by birth year, rather than survey year. Because of the survey's age eligibility range of 19 to 35 months, data from three survey years are used for each birth-year estimate (e.g. the "Born: 2017" rate used data from 2018-20 surveys).