

Community Health Needs Assessment Implementation Plan

October 1, 2019 – September 30, 2021

Spring Harbor Hospital/
Maine Behavioral Healthcare


Maine Behavioral Healthcare
MaineHealth



CHNA Implementation Plan 2019-2021

Maine Behavioral Healthcare/Spring Harbor Hospital

The following report outlines progress on the Maine Behavioral Healthcare/Spring Harbor Hospital Implementation Strategy on key health priorities identified in the **2018 Maine Shared Community Health Needs Assessment**.

The vision of the Maine Shared Community Health Needs Assessment is to help to turn data into action so that Maine will become the healthiest state in the United States. Its mission is a dynamic public/private partnership that creates Shared Community Health Needs Assessment Reports, engages and activates communities and supports data-driven health improvements for Maine people. To access the MaineHealth 2018 Community Needs Assessment reports, visit:
<http://www.mainehealth.org/chna>

A member of the MaineHealth system, Maine Behavioral Healthcare/Spring Harbor Hospital has a set of health priorities including:

- Access to Mental Health
- Treatment of Opioid Use Disorder

About Maine Behavioral Healthcare/Spring Harbor Hospital

Maine Behavioral Healthcare is committed to creating a seamless system of behavioral healthcare across Maine, coordinating hospital psychiatric care with community-based treatment services, and better access to medical care through integration with primary care services. Effectively coordinating client and patient care across multiple locations and treatment settings will not only provide optimal health outcomes, but serve as a national model for treating people with serious mental health issues. We are proud to be part of MaineHealth, Maine's largest health system, working together to make our communities the healthiest in America.

Maine Behavioral Healthcare's 30-plus clinical programs and nearly 30 service locations, from York to Norway to Belfast, is one of the broadest behavioral healthcare programs in the state. Our primary goal is connecting clients and patients to appropriate care when they need it.

The MaineHealth System

MaineHealth is a not-for-profit integrated health system consisting of eight local hospital systems, a comprehensive behavioral healthcare network, diagnostic services, home health agencies, and more than 1,600 employed and independent physicians working together through an Accountable Care Organization. With more than 19,000 employees, MaineHealth is the largest health system in northern New England and provides preventive care, diagnosis and treatment to 1.1 million residents in Maine and New Hampshire.

In keeping with the health system's vision and mission, MaineHealth organizations work together to offer a wide range of community programs focused on disease management, prevention and population health, free of charge, and no one is ever denied care because of inability to pay. In 2018, the MaineHealth system provided \$477 million in community health programs or services without reimbursement or other compensation.

Implementation Plan for Community Health Needs Assessment 2019-2021

MaineHealth/Affiliate Hospital: Spring Harbor Hospital (Maine Behavioral Healthcare)

County: Cumberland

Health Priority: Opioid Use Disorder

Goal of Health Priority: To prevent and treat opioid use disorder (OUD)

Strategies for: Opioid Use Disorder	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
1. Increase access to treatment through Integrated Medication Assisted Treatment (IMAT) using Hub/Spoke model	New patients in (MaineHealth) IMAT program	Maine Behavioral Healthcare (hubs), MaineHealth system-wide primary care practices (spokes), MaineHealth specialty care practices	Years 1-3
2. Develop standardized, best practice protocol for Rapid Access for IMAT in the ED	Guide, standardize and monitor IMAT treatment in the ED	MaineHealth Hospital EDs, Maine Behavioral Healthcare	Years 1-3
3. Increase access to Peer Recovery Services	# of SU treatment programs staffed with Peer Recovery Coaches	Maine Behavioral Healthcare, MaineHealth system-wide primary and specialty care practices	Years 1-3
4. Implement Opioid Health Home for MaineCare and Uninsured patients	Opioid Health Home implemented	Maine Behavioral Healthcare, MaineHealth system-wide primary and specialty care practices	Year 1
Spring Harbor Hospital/Maine Behavioral Healthcare Leadership and Staff Resources: Maine Behavioral Healthcare Intensive Services, Maine Behavioral Healthcare Integrated Services, Maine Behavioral Healthcare Administrative Services.			

Implementation Plan for Community Health Needs Assessment 2019-2021

MaineHealth/Affiliate Hospital: Spring Harbor Hospital (Maine Behavioral Healthcare)

County: Cumberland

Health Priority: Mental Health (Access)

Goal of Health Priority: To improve access to behavioral health services

Strategies for: Mental Health (access)	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
1. Increase access to inpatient psychiatric beds	Number of beds available to patients in Cumberland County by opening additional beds in York County. Additional beds to be open by July 2020.	Southern Maine HealthCare	1-2
2. Increase access for patients coming from SHH to Outpatient (OP) behavioral health services at Maine Behavioral Healthcare (MBH)	Number of days between discharge from a psychiatric hospital to first scheduled behavioral health appointment – target of 5 business days or less	MBH Outpatient services	1 – and ongoing
3. Increase access to OP psychiatry services for clients/patients coming from primary and secondary medical care	Number of days it takes from referral from a medical practice within the MaineHealth system to OP psychiatry services.	Maine Medical Partners and other MaineHealth medical practices	1 – and ongoing
4. Partner with Maine Medical Center Emergency Dept. staff to decrease wait times for Inpatient Psychiatric beds	Bed wait time from admission/transfer order to ED discharge for patients in ED waiting for inpatient psychiatric beds. Increase percentage of patients presenting in ED for psychiatric services referred to ambulatory/community based services.	Maine Medical Center Emergency Department	1 – and ongoing
5. Develop a telehealth psychiatry pilot to improve Emergency Dept. access at local health systems	Number of local health systems served	MaineHealth TeleHealth Dept. MaineHealth Local Health Systems	1 – and ongoing

Spring Harbor Hospital/Maine Behavioral Healthcare Leadership and Staff Resources: Spring Harbor Hospital, Maine Behavioral Healthcare Intensive Services, Maine Behavioral Healthcare Integrated Services, Maine Behavioral Healthcare Administrative Services.

Implementation Plan for Community Health Needs Assessment 2019-2021

MaineHealth/Affiliate Hospital: **Spring Harbor Hospital (Maine Behavioral Healthcare)**

County: **Cumberland**

Health Priority: **Mental Health (Including ACEs/Trauma)**

Goal of Health Priority: **To improve mental health treatment and quality**

Strategies for: Mental Health	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
1. Develop clinical pathway for mental health treatment for anxiety and depression	Pathway developed by Clinical Excellence Committee	MBH Outpatient Services/Spring Harbor Hospital Maine Medical Center Psychiatry Dept. Leadership Community Partners	1-3
2. Train MBH clinicians in identified anxiety and depression pathways	# of clinicians trained in identified intervention - e.g., Mental Health First Aid, Cognitive Behavioral Therapy		2-3
3. Train MBH staff in trauma informed systems of care	# of staff trained (onsite, webinar)		1-3
4. Educate MaineHealth clinical (medical) staff in trauma-informed healthcare delivery to support patients with ACEs/trauma needs	# of staff trained at hospital (onsite, webinar)	MBH Behavioral Health Integration Program MaineHealth Primary Care Offices MaineHealth Hospitals	1
Spring Harbor Hospital/Maine Behavioral Healthcare Leadership and Staff Resources: Spring Harbor Hospital, Maine Behavioral Healthcare Intensive Services, Maine Behavioral Healthcare Integrated Services, Maine Behavioral Healthcare Administrative Services, Clinical Innovation Department, Training & Development Department.			

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MaineHealth/Affiliate Hospital: Spring Harbor Hospital (Maine Behavioral Healthcare)

County: Cumberland

Health Priority: Priorities Not Selected

Goal of Health Priority: N/A

Priority:	Reason not chosen:
1. Social Determinants	We are addressing social determinants through other programs including Behavioral Health Homes
2. Older Adult Health/Healthy Aging	Not identified as a special population – served within the other identified priorities