



Progress report on *Community Health Needs Assessment Implementation Strategy*

fiscal year

2019

2020

2021

(October 1, 2020 – September 30, 2021)

Franklin Memorial Hospital/ Franklin Community Health Network



Franklin Memorial Hospital
MaineHealth

CHNA Implementation Plan 2019-2021

Franklin Community Health Network

The following report outlines progress on the Franklin Community Health Network Implementation Strategy on key health priorities identified in the **2018 Maine Shared Community Health Needs Assessment**.

The vision of the Maine Shared Community Health Needs Assessment is to help to turn data into action so that Maine will become the healthiest state in the United States. Its mission is a dynamic public/private partnership that creates Shared Community Health Needs Assessment Reports, engages and activates communities and supports data-driven health improvements for Maine people. To access the MaineHealth 2019 Community Needs Assessment reports, visit: <https://www.mainehealth.org/Healthy-Communities/Community-Health-Needs-Assessment>.

A member of the MaineHealth system, Franklin Community Health Network has a set of health priorities including:

- Access to Care
- Poverty
- Opioid Use Disorder
- Mental Health
- Obesity Prevention

About Franklin Community Health Network

Greater Franklin County is tucked in the beautiful western mountain foothills of Maine, one of the most spectacular places in New England. This quaint, four-season region offers numerous opportunities for its 40,000 residents, including a nationally-acclaimed health care system, pristine lakes, panoramic views and bustling downtowns with a distinct local flavor.

The region's health care is served by Franklin Community Health Network, a locally controlled, nonprofit, integrated network of rural health care providers, created by Franklin Memorial Hospital in 1991. Affiliates include Franklin Memorial Hospital and Healthy Community Coalition of Greater Franklin County. We have been part of the MaineHealth family since October 2014. Our mission is to work cooperatively with others to achieve the highest level of health and wellness possible for the people of West Central Maine.

The MaineHealth System

MaineHealth is a not-for-profit integrated health system consisting of nine local hospital systems, a comprehensive behavioral healthcare network, diagnostic services, home health agencies, and more than 1,700 employed and independent physicians working together through an Accountable Care Organization. With more than 22,000 employees, MaineHealth is the largest health system in northern New England and provides preventive care, diagnosis and treatment to 1.1 million residents in Maine and New Hampshire.

In keeping with the health system's vision and mission, MaineHealth organizations work together to offer a wide range of community programs focused on disease management, prevention and population health, free of charge, and no one is ever denied care because of inability to pay. In 2020, the MaineHealth system provided over \$662 million in community health programs or services without reimbursement or other compensation.

Community Health Needs Assessment 2019-2021 Annual Implementation Plan Update FY21

Please highlight progress made from **October 1, 2020 - September 30, 2021** for strategies and actions taken to address the priority areas your organization selected as part of the 2018 Community Health Needs Assessment (CHNA) process. The strategies that your organization recorded in the 3-year Implementation Strategy section of your CHNA report are listed below. In addition, you are encouraged to include progress made for any additional strategies you implemented.

MaineHealth Member Organization: Franklin Memorial/FCHN

Date: October 1, 2020- September 30, 2021

2019 CHNA Priority Selected	2019 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
Access to Care	Expand the use of the Mobile Health Unit (MHU) for clinical services in rural isolated regions of Franklin County Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> The Mobile Health Unit provided services at 40 events in the past year, reaching 79 individuals throughout Franklin County
	Increase the number of individuals who have an established relationship with a Primary Care Provider Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Delay due to COVID.
	Review, analyze and respond to the barriers patients experience in developing a PCP relationship Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Delay due to COVID.
Healthy Eating Active Living (HEAL) / Obesity Prevention	Increase access to fresh produce within the community Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Food Pantry offers fresh produce to every client and family using the pantry. SNAP-Ed works with local farmers to purchase local farm shares and with the Hope Harvest Community Garden, and distributes the produce through Franklin County via a variety of avenues including at low-income housing, senior housing, Mobile Health Unit events, food pantries, and cooking/nutrition classes.
	Expand Let's Go! in school, child care, out of school and community sites Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Let's Go! remains in all of the Franklin County schools, in 26 childcare sites, 7 out of school programs, and 7 pediatric practices. Coordinators continue to reach out to new potential Let's Go! sites throughout the county.
	Expand Let's Go! Small Steps Adult Program Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> One adult primary care practice is implementing the Small Steps Program in Franklin County
	Increase pre- diabetes/diabetes screening on the mobile health unit Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Pre-diabetes screenings have been used at Mobile Health Unit events throughout Franklin County.

Community Health Needs Assessment 2019-2021 Annual Implementation Plan Update FY21

2019 CHNA Priority Selected	2019 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
Healthy Eating Active Living (HEAL) / Obesity Prevention	Increase access to diabetes education Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> FMH has two trained Diabetes Educators
	Increase access to fresh produce within the community Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Food Pantry offers fresh produce to every client and family using the pantry. SNAP-Ed works with local farmers to purchase local farm shares and with the Hope Harvest Community Garden, and distributes the produce through Franklin County via a variety of avenues including at low-income housing, senior housing, Mobile Health Unit events, food pantries, and cooking/nutrition classes.
Opioid Use Disorder	Increase access to Medication Assisted Treatment (MAT) Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> ED patients identified with Substance Use Disorder leave with education, and a referral in EPIC to Substance Resource navigator who will then refer to appropriate practices.
	Increase recovery services Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Monthly RACE group meetings to discuss options, exploring new funding opportunities. Working with the re-entry group (Jan Collins/ Franklin County Jail) to collaborate on a recovery house.
	Offer OUD prevention education to increase awareness Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> 6 Stigma trainings and 26 naloxone trainings throughout Franklin County
	Use harm reduction models of care delivery and treatment for those with active OUD Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Recovery first aid kit, with naloxone and education materials, given to every new Mom at FMH.
Poverty (SDOH)	Engage two additional practices in screening for food insecurity Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> All FCHN practices are screening for food insecurity.
	Increase # of patients screened for food insecurity Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Ages 0-20: 4,527/4,925 = 91.9% (6% positive rate) Ages 21+: 3,230/4,894 = 66% (2% positive rate)
	Provide poverty/stigma/bias education on vulnerable populations to community Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Delay due to COVID.

Community Health Needs Assessment 2019-2021 Annual Implementation Plan Update FY21

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Mental Health	Create coordinated and collaborative referral and service delivery processes for mental health resources Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> • FMH has been working with Maine Behavioral health over the last year to develop a stronger referral system at Franklin utilizing services in Portland and locally.
	OTHER: Screen patients 0-17 with 2 question Trauma screener at well-child visits Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> • Screening rate for trauma ages 0-17 at 89% across the MaineHealth System
	Increase the flexibility of Intensive Outpatient Program (IOP) to meet clients' needs Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY22? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> • FMH no longer has an Intensive Outpatient Program
	Collaborate with local Adult Education to develop workforce education programs Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> • Adult Ed and community concepts work closely together on this. • For people in recovery or with OUD we connect them to Karen Henderson at CC for the work force development program.
	Offer community-wide education regarding Adverse Childhood Experiences (ACEs) Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY22? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> • No capacity
	Explore potential for tele-psych capacity in Franklin County Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY22? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> • FMH has utilized Tele-psych in the emergency department behavioral health patient population. They carved out some space for the purpose and patients would visit with a crisis counselor/behavioral health specialist during intake and throughout the stay.