



Progress report on *Community Health Needs Assessment Implementation Strategy*

fiscal year

2019 2020 2021

(October 1, 2019 – September 30, 2020)

**Spring Harbor Hospital/
Maine Behavioral Healthcare**


Maine Behavioral Healthcare
MaineHealth

CHNA Implementation Plan 2019-2021

Maine Behavioral Healthcare/Spring Harbor Hospital

The following report outlines progress on the Maine Behavioral Healthcare/Spring Harbor Hospital Implementation Strategy on key health priorities identified in the **2018 Maine Shared Community Health Needs Assessment**.

The vision of the Maine Shared Community Health Needs Assessment is to help to turn data into action so that Maine will become the healthiest state in the United States. Its mission is a dynamic public/private partnership that creates Shared Community Health Needs Assessment Reports, engages and activates communities and supports data-driven health improvements for Maine people. To access the MaineHealth 2019 Community Needs Assessment Reports, visit: <https://mainehealth.org/healthy-communities/community-health-needs-assessment>.

A member of the MaineHealth system, Maine Behavioral Healthcare/Spring Harbor Hospital has a set of health priorities including:

- Access to Mental Health
- Treatment of Opioid Use Disorder

About Maine Behavioral Healthcare/Spring Harbor Hospital

Maine Behavioral Healthcare is committed to creating a seamless system of behavioral healthcare across Maine, coordinating hospital psychiatric care with community-based treatment services, and better access to medical care through integration with primary care services. Effectively coordinating client and patient care across multiple locations and treatment settings will not only provide optimal health outcomes, but serve as a national model for treating people with serious mental health issues. We are proud to be part of MaineHealth, Maine's largest health system, working together to make our communities the healthiest in America.

Maine Behavioral Healthcare's 30-plus clinical programs and nearly 30 service locations, from York to Norway to Belfast, is one of the broadest behavioral healthcare programs in the state. Our primary goal is connecting clients and patients to appropriate care when they need it.

The MaineHealth System

MaineHealth is a not-for-profit integrated health system consisting of nine local hospital systems, a comprehensive behavioral healthcare network, diagnostic services, home health agencies, and more than 1,700 employed and independent physicians working together through an Accountable Care Organization. With more than 22,000 employees, MaineHealth is the largest health system in northern New England and provides preventive care, diagnosis and treatment to 1.1 million residents in Maine and New Hampshire.

In keeping with the health system's vision and mission, MaineHealth organizations work together to offer a wide range of community programs focused on disease management, prevention and population health, free of charge, and no one is ever denied care because of inability to pay. In 2019, the MaineHealth system provided over \$487.5 million in community health programs or services without reimbursement or other compensation.

Community Health Needs Assessment 2019-2021 Annual Implementation Plan Update FY20

Please highlight progress made from **October 1, 2019 - September 30, 2020** for strategies and actions taken to address the priority areas your organization selected as part of the 2018 Community Health Needs Assessment (CHNA) process. The strategies that your organization recorded in the 3-year Implementation Strategy section of your CHNA report are listed below. In addition, you are encouraged to include progress made for any additional strategies you implemented.

MaineHealth Member Organization: Spring Harbor Hospital/Maine Behavioral Healthcare

Date: October 1, 2019- September 30, 2020

2019 CHNA Priority Selected	2019 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
Mental Health	Educate MaineHealth clinical (medical) staff in trauma-informed healthcare delivery to support patients with ACEs/trauma needs Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> 1,057 MBH and MH staff trained for fiscal year.
	Train MBH clinicians in identified anxiety and depression pathways Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> 74 MBH clinicians attended the CBT essentials training in August 2020 and 70 clinicians attended the CBT depression and SP training in September 2020 (a total of 6 full days of training)
	Train MBH staff in trauma informed systems of care Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> 1,057 MBH and MH staff trained for fiscal year.
Mental Health (Access)	Develop a telehealth psychiatry pilot to improve Emergency Dept. access at local health systems Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> We added telecrisis capability to 5 of the hospitals that never had the capability at all this fiscal year. All 7 hospitals now receive telecrisis and all 7 expanded the hours of coverage this year.
	Increase access for patients coming from SHH to Outpatient (OP) behavioral health services at Maine Behavioral Healthcare (MBH) Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> 6.5 days/target 5 days.
	Increase access to inpatient psychiatric beds Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> 25 beds at Sanford location.

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2019 CHNA Priority Selected	2019 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
	<p>Increase access to OP psychiatry services for clients/patients coming from primary and secondary medical care</p> <p>Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>	<ul style="list-style-type: none"> On hold due to access issues
	<p>Partner with Maine Medical Center Emergency Department staff to decrease wait times for Inpatient Psychiatric beds</p> <p>Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>	<ul style="list-style-type: none"> Ongoing challenge in the ED due to COVID and access. Continuing in year 3.
Opioid Use Disorder	<p>Develop standardized, best practice protocol for Rapid Access for IMAT in the ED</p> <p>Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>	<ul style="list-style-type: none"> In collaboration with both internal and external stakeholders, a standardized toolkit was developed for EDs implementing Rapid Access as well as referral pathways for 2 of our MaineHealth local health systems.
	<p>Implement Opioid Health Home for MaineCare and Uninsured patients</p> <p>Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>	<ul style="list-style-type: none"> All Maine Behavioral Healthcare Substance Use Treatment Hubs are certified to offer Opioid Health Home services to MaineCare and uninsured clients with Opioid Use Disorder.
	<p>Increase access to Peer Recovery Services</p> <p>Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>	<ul style="list-style-type: none"> All Maine Behavioral Healthcare Substance Use Treatment Hubs have peers on their teams. This is a staffing model standard.
	<p>Increase access to treatment through Integrated Medication Assisted Treatment (IMAT) using Hub/Spoke model</p> <p>Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>	<ul style="list-style-type: none"> The system has continued to devote dedicated resource to supporting the evolution of the hub/spoke model of care to maximize efficiencies to maintain both access and acuity management. In FY18, MH served a total of 1, 056 IMAT patients. In FY19, MH served a total of 1, 254 IMAT patients. In FY20, MH served a total of 1, 373 IMAT patients.