



Progress report on *Community Health Needs Assessment Implementation Strategy*

fiscal year

2019

2020

2021

(October 1, 2019 – September 30, 2020)

LincolnHealth



LincolnHealth
MaineHealth

CHNA Implementation Plan 2019-2021

LincolnHealth

The following report outlines progress on the LincolnHealth Implementation Strategy on key health priorities identified in the **2018 Maine Shared Community Health Needs Assessment**.

The vision of the Maine Shared Community Health Needs Assessment is to help to turn data into action so that Maine will become the healthiest state in the United States. Its mission is a dynamic public/private partnership that creates Shared Community Health Needs Assessment Reports, engages and activates communities and supports data-driven health improvements for Maine people. To access the MaineHealth 2019 Community Needs Assessment Reports, visit: <https://mainehealth.org/healthy-communities/community-health-needs-assessment>.

A member of the MaineHealth system, LincolnHealth has a set of health priorities including:

- Mental health and Adverse Childhood Experiences (ACEs)
- Substance use
- Healthy Aging
- Healthy Eating Active Living (HEAL) and Obesity Prevention

About LincolnHealth

With campuses in the coastal communities of Boothbay Harbor and Damariscotta, Maine, LincolnHealth is a full-service healthcare system with more than 1,000 full and part-time employees. LincolnHealth is the largest employer in Lincoln County.

LincolnHealth – Miles Campus

In the Damariscotta area, the LincolnHealth – Miles Campus includes a 25-bed community hospital; Lincoln Medical Partners, a multi-specialty physician practice; Cove's Edge, a skilled rehabilitation and long-term care facility; and Chase Point, an assisted living facility which includes Riverside, a residence for people living with Alzheimer's and related dementia. The Miles campus is also home to Schooner Cove, an independent retirement community.

LincolnHealth – St. Andrews Campus

In Boothbay Harbor, the LincolnHealth – St. Andrews Campus provides Urgent Care, a Wound Care Center and outpatient hospital services. Also located on the campus is the Lincoln Medical Partners Family Care Center and the Coulombe Center for Health Improvement. St. Andrews Village provides independent living, skilled rehabilitation, assisted living, Safe Havens Memory Care, and long-term nursing care.

The MaineHealth System

MaineHealth is a not-for-profit integrated health system consisting of nine local hospital systems, a comprehensive behavioral healthcare network, diagnostic services, home health agencies, and more than 1,700 employed and independent physicians working together through an Accountable Care Organization. With more than 22,000 employees, MaineHealth is the largest health system in northern New England and provides preventive care, diagnosis and treatment to 1.1 million residents in Maine and New Hampshire.

In keeping with the health system's vision and mission, MaineHealth organizations work together to offer a wide range of community programs focused on disease management, prevention and population health, free of charge, and no one is ever denied care because of inability to pay. In 2019, the MaineHealth system provided over \$487.5 million in community health programs or services without reimbursement or other compensation.

Community Health Needs Assessment 2019-2021 Annual Implementation Plan Update FY20

Please highlight progress made from **October 1, 2019 - September 30, 2020** for strategies and actions taken to address the priority areas your organization selected as part of the 2018 Community Health Needs Assessment (CHNA) process. The strategies that your organization recorded in the 3-year Implementation Strategy section of your CHNA report are listed below. In addition, you are encouraged to include progress made for any additional strategies you implemented.

MaineHealth Member Organization: LincolnHealth

Date: October 1, 2019- September 30, 2020

2019 CHNA Priority Selected	2019 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
ACEs/ Mental Health	Expand capacity to provide mental health services to patients. (access to care) Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Q4: Lincoln Medical Partners and LincolnHealth Coulombe Center for Health Improvement working with Medomak Valley High School to offer school-based mental health services.
	Integrate screening on ACEs and Food Insecurity in primary care practices resulting in connection to healthy foods. (social determinants of health) Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Q3: 9 emergency food bags distributed at 1 Lincoln Medical Partners provider practice. Q4 237 emergency food bags distributed amongst 4 Lincoln Medical Partners provider practices.
Healthy Eating Active Living (HEAL) / Obesity Prevention	Cooking classes offered to support healthy eating Action Implemented? <input checked="" type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY21? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> Changes in staffing and limited ability to hold classes due to COVID.
	Meet annual Let's Go! 5210 implementation targets Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Partnerships and Wellness Policy Compliant: 12 school districts; 4 registered School Nutrition Programs; 14 Early Childhood sites. Provide support to and facilitate Food Service Director meetings.
	Screen, and refer patients to the Diabetes Prevention Program Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Q3 no referrals due to COVID. Q4: 2 referrals.
	Support referrals to CLC YMCA's "Healthy Weight and Your Child" program. Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY21? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> Due to COVID, the program was not able to be held.
Older Adult Health/ Healthy Aging	Increase physical activity and falls prevention through Matter of Balance (MOB) Training. Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Instructors have been trained.

Community Health Needs Assessment 2019-2021 Annual Implementation Plan Update FY20

2019 CHNA Priority Selected	2019 Implementation Strategy / Planned Actions to Address Priority of Focus	If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners If NO - Provide a reason why no action was taken
	Host a community-wide event to determine interest and resources available to become an “Age-Friendly Community”. (social determinants of health) Action Implemented? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Continuing in FY21? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<ul style="list-style-type: none"> Delayed.
	Increase access to care for adults with dementia, and resources and support to their caregivers. (access to care) Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> As part of a MaineHealth grant, personal support services were offered for caregivers supporting a family member with dementia. Alzheimer's Support group was suspended during COVID.
	Increase # of patients with Advance Directives or Advance Care Planning Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Patients are asked on intake re: Advance Directive and given a copy if needed. Community Health event presented a recorded session re: Advance Directives on local public TV. Q3: 4,431 Patients of 18,768 with Advance Directives. Q4: 4,476 of 18,691 patients with Advance Directives.
Substance Use Disorder	Decrease youth initiation of tobacco Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> 2 of presentations given regarding electronic products /vaping; 24 of students trained. Provided technical support for Sidekicks training.
	Increase access to non- medical resources for patients receiving MAT services through the support of the Patient Navigator and/or Peer Recovery Coach. (access to care; social determinants of health) Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Number of patients provided non-medical resources: <ul style="list-style-type: none"> Q1: 10 Q2: 7 Q3: 7 Q4: 4
	Increase the screening of pregnant women for SUD to identify and coordinate any needed perinatal SUD care improving access to quality perinatal care. Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Every pregnant woman is screened at first visit with referral to services if needed.
	Offer SUD Prevention Education and Awareness Action Implemented? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Continuing in FY21? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<ul style="list-style-type: none"> Stigma-reduction trainings offered to Lincoln Medical Partners staff in Years 1 and 2. Newspaper articles on iMAT services and providers offering services. Promote services via Patient Navigator and printed material.