



Community Health Implementation Plan

October 1, 2022 -
September 30, 2024

Western Maine Health/
Stephens Memorial Hospital



Stephens Memorial Hospital
MaineHealth

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital Western Maine Health

County: Oxford

Health Priority: Mental Health

Goal of Health Priority: To improve access and integration of mental and physical health to improve overall health outcomes for youth and adults

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Define and evaluate “access to mental health care” in the primary care setting. (Access)	<ul style="list-style-type: none"> Define what we mean when we say improve access to mental health care Determine best metrics to measure impact 	WM Primary Care, WM Pediatrics, Maine Behavioral Healthcare, Center for Interdisciplinary Population Health Research, Maine Health Center for Health Improvement	1
Strategy 2: Implement a Collaborative Care Model for patients in primary care. (Access)	<ul style="list-style-type: none"> Metrics to be determined (see Strategy 1) 	WM Primary Care, WM Pediatrics, Maine Behavioral Healthcare, Maine Medical Center	1-3
Strategy 3: In collaboration with Western Foothills Land Trust, implement programs to connect staff and community members to nature and the outdoors.	<ul style="list-style-type: none"> # of programs # of people engaged 	Stephens Memorial Hospital, Western Foothills Land Trust, Healthy Oxford Hills	1-3

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Western Maine Health

County: Oxford

Health Priority: Substance Use Disorder

Goal of Health Priority: To prevent substance and tobacco use and improve health outcomes and recovery

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Integrate expanded Substance Use Disorder hub model into existing Integrated Medication-Assisted Therapy program. (Access)	<ul style="list-style-type: none"> # of patients engaged 	WM Primary Care, Maine Behavioral Healthcare, Center for Interdisciplinary Population Health Research	1-3
Strategy 2: Engage community stakeholders to assess the unique needs of our patients who inject drugs with a focus on harm reduction.	<ul style="list-style-type: none"> # of stakeholders engaged List of harm reduction priorities 	WM Primary Care, Center for Interdisciplinary Population Health Research, Healthy Oxford Hills, Western Maine Addiction Recovery Initiative	1
Strategy 3: Implement harm reduction strategies identified in Strategy 2.	<ul style="list-style-type: none"> TBD based on strategy 2 	WM Primary Care, Center for Interdisciplinary Population Health Research, Healthy Oxford Hills, Western Maine Addiction Recovery Initiative	2-3
Strategy 4: Continue to implement Maine Prevention Services Substance Use Prevention Program	<ul style="list-style-type: none"> # of students engaged # of community education programs offered 	Healthy Oxford Hills, Oxford County School Districts	1-3

Implementation Plan for Community Health Needs Assessment 2022-2024

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County: Oxford

Health Priority: Social Determinants of Health

Goal of Health Priority: Reduce the burden of SDOH to improve people’s health and wellbeing

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Reduce food insecurity for patients and community members by operating the Food Pantry at Stephens Memorial Hospital	<ul style="list-style-type: none"> • # of patients participating • # of staff participating • # of community members participating • Quantity of food distributed 	Maine Health, Good Shepherd Food Bank, Food Pantry at Stephens	1-3
Strategy 2: Implement the Adverse Childhood Experiences/Community Resilience Education Project (Mental Health) to increase community awareness of ACEs (something like this)	<ul style="list-style-type: none"> • # of community members engaged 	Oxford County Wellness Collaborative, Center for Interdisciplinary Population Health Research	1
Strategy 3: Implement Diaper Insecurity Screening in Pediatrics and diaper distribution	<ul style="list-style-type: none"> • # of families screened positive • Quantity of diapers distributed 	Maine Health, WM Pediatrics, Food Pantry at Stephens	1-3
Strategy 4: Promote “Find Help” to connect care team members and community to social needs resources.	<ul style="list-style-type: none"> • # of connections • # of searches 	Healthy Oxford Hills, WM Primary Care, Maine Health findhelp	1-3

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Western Maine Health

County: Oxford

Health Priority: Nutrition/Physical Activity

Goal of Health Priority: To decrease prevalence of obesity and the impact of related chronic conditions

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Implement the USDA SNAP Nutrition Education program	<ul style="list-style-type: none"> • # of students engaged • # of adults engaged • # of families engaged 	Healthy Oxford Hills, Oxford County School Districts	1-3
Strategy 2: Implement the Let's Go! obesity prevention program	<ul style="list-style-type: none"> • # of Early Childhood Education Sites engaged • # of School Sites engaged • # of Out of School Sites engaged • # of School Cafeterias engaged 	Healthy Oxford Hills, Oxford County School Districts	1-3
Strategy 3: Implement the Growing Healthy Kids physical activity/nutrition program at Roberts Farm Preserve for students in SAD17	<ul style="list-style-type: none"> • # of students engaged 	Healthy Oxford Hills, New Balance Foundation, SAD17 School District, Western Foothills Land Trust	1-3
Strategy 4: Bright Bodies healthy lifestyle family-based obesity intervention for children 8-12 year olds	<ul style="list-style-type: none"> • # of families engaged • Average change in BMI 	WM Pediatrics, WM Primary Care, WM Physical Rehab, Center for Interdisciplinary Population Health Research	1-2
Strategy 5: Increase # of patients referred and enrolled in the National Diabetes Prevention Program (NDPP)	<ul style="list-style-type: none"> • Percentage of patients who are referred and enrolled in NDPP Program 	Maine Health NDPP, WH Primary Care	1-3

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County: Oxford

Health Priority: PRIORITIES NOT SELECTED

Goal of Health Priority: N/A

Priority:	Reason not chosen:
Access to Care	The focus of the concern around Access to care was primarily around Mental Health and Substance Use Disorder. We addressed that under those priorities.