



Community Health Implementation Plan

October 1, 2022 -
September 30, 2024

Maine Medical Center



Maine Medical Center
MaineHealth

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Maine Medical Center

County: Cumberland

Health Priority: Access

Goal of Health Priority: To improve access, reduce barriers and decrease health inequities for all people.

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Improve connections to community-based programs/organizations providing health and social services to address the unmet healthcare needs of vulnerable populations	<ul style="list-style-type: none"> • # of Preble Street Learning Collaborative clients receiving short-term targeted case management • % of closed loop connections documented to community partners: MainelyTeeth Mobile Dental Clinic, Opportunity Alliance’s MaineFamilies/WIC, Jewish Community Alliance Diaper Bank and Maine Access Immigrant Network 	MHMG Population Health; PrevME; Preble Street; Mainely Teeth; Opportunity Alliance; Jewish Community Alliance; Maine Access Immigrant Network; FindHelp	1-3
Strategy 2: Coordinate and improve access to primary care, behavioral health and specialized services	<ul style="list-style-type: none"> • % of eligible patients enrolled in National Diabetes Prevention Program (NDPP) • # of referrals to Living Well (with chronic conditions) & Living Well with Diabetes • Strive to increase access at MMC/MMP ambulatory practices for existing patients and those who do not have a primary care provider but would like to establish care • Explore expansion of school-based health clinics 	MMC/MMP ambulatory practices; PrevME; MaineHealth Center for Health Improvement; MaineHealth Access to Care; NDPP; Living Well programs	1
Strategy 3: Implement PrevME Community Informed Care Initiative pilot program to better serve immigrant populations in collaboration with community partners	<ul style="list-style-type: none"> • # of patients enrolled in PrevME Community Health Informed Initiative pilot program • % discharged with “goals met” • # of connections to community resources/ supports made by PrevME pilot program staff 	PrevME MAIN Catholic Charities	1
Strategy 4: Ensure equitable access to care by supporting people with transportation and/or interpreter/translation services	<ul style="list-style-type: none"> • Standard patient education materials created in different languages • % of MMC/MMP sites with iPad for video remote interpreters • Meet goals of MeHAF Data Innovation Project to advance equity in developmental screening and well-child visits for immigrant, refugee and asylee families • # of patients receiving transportation support: UberHealth, taxi vouchers and Greater Portland Council of Governments Bus Ambassador program 	MMC/MMP ambulatory practices; MMC inpatient; MHMG Population Health; MMC Interpreters Committee; MaineHealth EPIC; Greater Portland Council of Governments; University of Southern Maine; Maine Access Immigrant Network; Cumberland County Developmental Screening Community Initiative	1-3

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Maine Medical Center

County: Cumberland

Health Priority: Social Determinants of Health

Goal of Health Priority: To identify and address social determinants of health (SDOH).

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Expand FindHelp social services directory, by increasing engagement and partnerships with community-based programs/organizations	<ul style="list-style-type: none"> # of community-based programs/organizations outreached to Participation in MaineHealth Community Engagement Workgroup & support toward meeting quarterly outreach goals 	MHMG Population Health MaineHealth Center for Health Improvement FindHelp	1-3
Strategy 2: Mitigate SDOH barriers by coordinating connections with internal and external resources	<ul style="list-style-type: none"> % of MMC active patients with SDOH documented (any topic) Partner to open the MaineHealth Food Pantry at MMC # of MMC/MMP primary care & inpatient sites screening and responding to diaper insecurity # of referrals to Patient Assistance Line (PAL) and Cumberland County Care Partners # of connections to community resources/supports made by Access to Care, MMC/MMP ambulatory practices and MHMG Population Health staff (supporting Access Priority) 	MMC/MMP ambulatory practices MMC inpatient MHMG Population Health MHACO employed Care Managers MaineHealth EPIC MaineHealth Center for Health Improvement MaineHealth Access to Care Good Shepherd Food Bank	1-3
Strategy 3: Implement Early Childhood Specialist project to deliver trauma-informed, culturally-sensitive, resilience-building supports that focus on removing SDOH barriers for families who have children ages 0-3	<ul style="list-style-type: none"> # of families receiving services through the Early Childhood Specialist project # of connections to resources/supports made by program staff 	MMC/MMP ambulatory practices Maine Behavioral Healthcare University of Southern Maine	

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Maine Medical Center

County: Cumberland

Health Priority: Older Adult Health / Healthy Aging

Goal of Health Priority: To improve health outcomes and health-related quality of life for patients age 65 or older.

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Participate in Age Friendly Health Systems (AFHS) goals	<ul style="list-style-type: none"> Rate of assessment of 4Ms in patients age 65 or older Achievement of AFHS recognition 	MMC/MMP ambulatory practices MaineHealth EPIC	1-3
Strategy 2: Improve documentation of Advance Care Directives, POLST, and Serious Illness Conversations in EPIC with patients age 65 or older	<ul style="list-style-type: none"> # of patients with documented Surprise Question & % of patients with documented Serious Illness Conversations in EPIC Number/% of Advance Care Directives, POLST, and Serious Illness Conversations in EPIC with patients age 65 or older 	MMC/MMP ambulatory practices MaineHealth EPIC	1-2
Strategy 3: Improve health outcomes of older adults by delivering and referring to preventive services	<ul style="list-style-type: none"> % of Medicare or Medicare Advantage patients or patients age 65 or older with wellness visit in the past 12 months 	MMC/MMP ambulatory practices MaineHealth EPIC	1-3
Strategy 4: Increase connections to lifestyle programs among older adults	<ul style="list-style-type: none"> # of referrals to Southern Maine Agency on Aging's Meals on Wheels & Age Well programs via FindHelp Ensure that FindHelp directory includes community-based programs/organizations focused on serving older adults (supporting SDOH Priority) 	MMC/MMP ambulatory practices MHMG Population Health MaineHealth Center for Health Improvement Living Well programs Southern Maine Agency on Aging FindHelp	1-3

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital Maine Medical Center

County: Cumberland

Health Priority: Substance Use Disorders (SUD)

Goal of Health Priority: To prevent and improve health outcomes for patients with substance use disorders.

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Increase access to treatment for opioid use disorder (OUD) using all forms of buprenorphine, including long acting injectable buprenorphine	<ul style="list-style-type: none"> # of patients receiving buprenorphine # of patients receiving long acting injectable buprenorphine # of x waived providers actively prescribing buprenorphine 	MMP Primary Care IMAT Program MaineHealth EPIC Maine Behavioral Healthcare State of Maine Office of MaineCare Services – Opioid Health Homes program	1-3
Strategy 2: Increase access to naloxone by implementing MaineHealth guidelines for providers on prescribing and distributing kits to patients and family members at risk of overdose	<ul style="list-style-type: none"> % of patients treated for OUD with a current prescription for naloxone on medication list % of patients at high risk for overdose with a current prescription for naloxone on medication list # of naloxone kits supplied to Emergency Room and primary care practices for distribution to patients 	MMC Emergency Department MMP Ambulatory practices MaineHealth EPIC City of Portland Needle Exchange Program	1-3
Strategy 3: Expand treatment for alcohol use disorder (AUD) through provider education and begin treating alcohol withdrawal in outpatient settings for qualified patients	<ul style="list-style-type: none"> # of patients treated for AUD # of providers trained to treat AUD # of patients treated for acute alcohol withdrawal in outpatient setting 	MMC/MMP ambulatory practices MMC Emergency Department Maine Behavioral Healthcare	3
Strategy 4: Increase the # of pregnant and postpartum patients with SUD cared for in an integrated model	<ul style="list-style-type: none"> # of patients enrolled in MaineMOM at MMC OBGYN Clinic % of pregnant & postpartum patients with SUD screened for Hepatitis C % of pregnant & postpartum patients with SUD offered referral to peer recovery coaches 	MMP OBGYN Clinic Maine Behavioral Healthcare State of Maine Office of MaineCare Services – MaineMOM program	1-3

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Maine Medical Center

County: Cumberland

Health Priority: Priorities Not Selected

Goal of Health Priority: N/A

Health Priority	Reason Not Chosen
<p>Physical Activity, Nutrition, Weight (Obesity)</p>	<ul style="list-style-type: none"> • Diabetes Treatment & Documentation of Severe Obesity are tracked on the MaineHealth System Quality Dashboard with targets for % of patients with HbA1c > 9.0. • MMC has incorporated disease-specific standard workflows in ambulatory and inpatient settings. For example, completing the Physical Activity as a Vital Sign (PAVS) screening and providing exercise prescriptions to appropriate patients. • MMC supports other existing initiatives with Let's Go and the National Diabetes Prevention Program.
<p>Mental Health</p>	<ul style="list-style-type: none"> • MMC supports a # of strategic goals around the integration of behavioral health into patients' overall care delivery models. • A # of primary care sites participate in formal partnerships with community behavioral health organizations via the State of Maine's Behavioral Health Homes (BHH) program. • The MMC Pediatric teams continue to demonstrate leadership around screening of Adverse Child Experiences (ACEs), utilizing risk stratification and reporting to identify patients, referral to case management. • Eating disorders among children and adolescents have increased dramatically during COVID and we are working on a more robust inpatient eating disorder program but need outpatient eating disorder programs to prevent hospitalization and a process for follow up after discharge to prevent readmission. • MMC staff participate in the Developmental Screening Community Initiative of Cumberland County (DSCI) which is an extensive network of clinical and community providers.