



Community Health Implementation Plan

October 1, 2022 -
September 30, 2024

LincolnHealth



LincolnHealth
MaineHealth

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: LincolnHealth

County: Lincoln

Health Priority: Mental Health/Access to Care

Goal of Health Priority: To improve access and integration of mental and physical health to improve overall health outcomes for youth and adults; To improve access, reduce barriers and decrease health inequities for all people

Strategies	Metrics/What are we measuring?	Resources/Responsible Parties	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Screen patients for ACEs in primary care practices and connect families to mental health and social services. (Social Determinants of Health)	<ul style="list-style-type: none"> % of patients screened for ACES at Well Child Visit. 	LincolnHealth Primary Care	Maine Behavioral Healthcare, local resources	1-3
Strategy 2: Identify gaps to determine the need for additional behavioral health services. (Access to Care)	<ul style="list-style-type: none"> # of referrals for behavioral health services # of available providers and community resources 	LincolnHealth Primary Care/Maine Behavioral Healthcare	Maine Behavioral Healthcare	1-3
Strategy 3: Increase awareness of youth mental health challenges and resources available to families and youth of Lincoln County. (Access to Care)	<ul style="list-style-type: none"> # of events held # of people attending 	LincolnHealth Coulombe Center for Health Improvement	Maine Behavioral Health, Local Schools, and Youth Behavioral Health Alliance	1-3
Strategy 4: Offer mental health first aid certification to expand support for adults experiencing mental health or substance use-related crisis, and reduce stigma. (Access to Care)	<ul style="list-style-type: none"> # of adult Mental Health First Aid courses held # of individuals and community partners trained 	LincolnHealth Community Health Improvement	National Council for Mental Wellbeing, NAMI Maine	2-3
Strategy 5: Screen patients for ACEs in primary care practices and connect families to mental health and social services. (Social Determinants of Health)	<ul style="list-style-type: none"> % of patients screened for ACES at Well Child Visit. 	LincolnHealth Primary Care	Maine Behavioral Healthcare, local resources	1-3

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County: Lincoln

Health Priority: Substance Use Disorder

Goal of Health Priority: To prevent and treat substance and tobacco use, and improve health outcomes & recovery

Strategies	Metrics/What are we measuring?	Resources/Responsible Parties	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Increase rates of Screening, Brief Intervention and Referral to Treatment (SBIRT) in primary care practices for patients 18 yrs. of age and older.	<ul style="list-style-type: none"> % of patients screened at annual adult wellness visit. 	LincolnHealth Primary Care	MaineHealth	1-3
Strategy 2: Conduct SUD, Prevention Education and Awareness, including Tobacco	<ul style="list-style-type: none"> # of students and/or # of community groups trained 	LincolnHealth Community Health Improvement	LH Community Health Improvement and Health Lincoln County; Lincoln County Substance Use Disorder Collaborative	1-3
Strategy 3: Expand access to SUD harm reduction resources (Access to Care)	<ul style="list-style-type: none"> # of patients receiving Naloxone # of community trainings/distributions for Naloxone 	LincolnHealth Community Health Improvement and Coulombe Center for Health Improvement	Lincoln County Substance Use Disorder Collaborative; local schools	1-3
Strategy 4: Promote resources available for SUD treatment (Access to Care)	<ul style="list-style-type: none"> # of patients seeking MAT services 	LincolnHealth Primary Care, SUD Program Manager and Marketing	Lincoln County Substance Use Disorder Collaborative	1-3

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County: Lincoln

Health Priority: Social Determinants of Health

Goal of Health Priority: To improve the conditions in which people are born, grow, live, work and age

Strategies	Metrics/What are we measuring?	Resources/Responsible Parties	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Connect patients who screen positive or self-identify for food insecurity to connect to healthy food resources.	<ul style="list-style-type: none"> • % of patients screened for food insecurity at annual visit by location • # of households accessing food at MH/LincolnHealth provider practices • # of pounds of food distributed 	LincolnHealth Community Health Improvement and Primary Care	LH Community Health Improvement; Healthy Lincoln County and SNAP-Ed, Community Resource Council, Good Shepherd Food Bank, local food pantries, local food councils	1-3
Strategy 2: Increase access to non-medical resources for patients receiving MAT services. (Access to Care)	<ul style="list-style-type: none"> • # of MAT patients referred to non-medical resources by type 	LincolnHealth SUD Program Manager, Primary Care, and MAT providers	Maine DHHS, Central Lincoln County YMCAs, Community Resource Council	1-3
Strategy 3: Increase access to dental care for patients identified with no access. (Access to Care)	<ul style="list-style-type: none"> • # of patients referred to dental care 	LincolnHealth MAT providers and Coulombe Center for Health Improvement	LincolnHealth Coulombe Center; Lincoln County Dental, Medical Care Development and Children's Oral Health Network	2-3
Strategy 4: Explore available resources and create a strategy to expand dental care through qualified school based health centers (Access to Care)	<ul style="list-style-type: none"> • # of schools eligible for Maine State dental care resources • # of schools offering dental care services 	LincolnHealth Coulombe Center for Health Improvement	Local Schools Systems	2-3

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: LincolnHealth

County: Lincoln

Health Priority: Healthy Aging

Goal of Health Priority: To improve health outcomes and quality of life for older adults

Strategies	Metrics/What are we measuring?	Resources/Responsible Parties	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Increase physical activity and falls prevention through evidence based health initiatives.	<ul style="list-style-type: none"> # of participants completing Matter of Balance and/or enhanced fitness programs 	LincolnHealth Community Health Improvement	Matter of Balance, CLC and Boothbay Region YMCAs, Spectrum Generations	2-3
Strategy 2: Conduct annual wellness visit for adults over 65	<ul style="list-style-type: none"> At least 55% of adults over 65 receive Annual Wellness Visit including depression and cognitive screenings, falls assessment and Advanced Care Directive 	LincolnHealth Primary Care	MH Healthy Aging	1-3
Strategy 3: Identify capacity to achieve Age Friendly Community or Age Friendly Health Care System status	<ul style="list-style-type: none"> Establish a committee to review resources and determine next steps 	LincolnHealth Community Health Improvement and Primary Care	MH Healthy Aging, MH/LH Leadership, Community organizations	2-3

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County: Lincoln County

Health Priority: Obesity/Healthy Eating and Active Living

Goal of Health Priority: To decrease prevalence of obesity and the impact of related chronic conditions

Priority:	Reason not chosen:
Physical Activity and Nutrition	Continuing to do the work which is currently grant funded; as the scope of work in FY23 and FY24 may be affected by future funding, this priority is not included in the CHIP.