

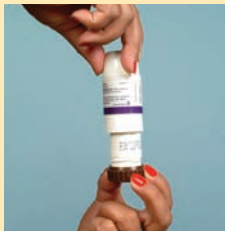
How to Take

Your Inhaler Medicines

Dry Powder Inhaler (DPI)—Flexhaler

Before using for the first time, prime the inhaler two times. Then, follow the steps below. Repeat steps 2-6 for additional doses.

Load the Dose



1. Hold the inhaler straight up, and twist off the white cap.



2. Twist the brown base to the right.



3. Twist the brown base to the left until you hear a click.

Inhale the Dose



4. Turn your face away and breathe out. Do not blow into the inhaler.



5. Put your lips around the mouthpiece. Breathe in deeply and forcefully. Hold the inhaler straight up or sideways. Do not tip it or the dose may fall out.



6. Hold your breath for 10 seconds. Blow out gently.

Rinse your mouth with water, gargle and spit. Do not swallow.



- The inhaler is empty when the number “0” shows in the middle of the red background.
- Do not get the inhaler wet.
- Store in a cool, dry place.

Dry powder inhalers are controller medicines. They are not to be used for quick relief.